



# ZONTA

CLUB OF  
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY



## TEL-O-ZONTA MAY, 2022

**MAILING ADDRESS:**

PO Box 89034  
WESTDALE SHOPPERS DRUG MART  
HAMILTON, ON L8S 4R5

**KARIN ECKART, EDITOR**

### *Board of Directors 2021-2022*

Officers		Directors	
<b>President</b>	Trish Mongeon		
<b>Vice-President</b>	Debbie Field	<b>First Year</b>	Jelaine Foster
<b>Recording Secretary</b>	Alice Tyler	<b>Second Year</b>	Dianne Moore
<b>Treasurer</b>	Maureen Hayman		

### ***MAY 24TH, 2022 MEETING***

You are invited to the  
**Zonta Club of Hamilton 1**  
**Meeting In person**

Registration is Required

### **The Visitors Inn**

**Hungry Traveller Restaurant**  
649 Main Street West (near Hwy 403)

**5:30 pm Social**

**6:00 pm Dinner**

**7:00 pm May Business Meeting**  
**Annual General Meeting**

### **Via Zoom**

Please click the link below  
to join the Zoom Meeting

<https://adric-ca.zoom.us/j/62528162480>

### **INSIDE THIS ISSUE**

Dates to Remember	2
May Birthdays	2
President's Report	3
Thank-You Note	3
Membership Matters	4
Donation to ZI	4
Advocacy Event	5
Fundraising	6
McMaster Golden Z Club	6

### **ATTACHMENTS**

- \* TruEarth Information
- \* Zonta International  
Donation Receipt



## *Dates to Remember*

### UPCOMING EVENTS

MAY 23, 2022–INTERNATIONAL DAY TO END OBSTETRIC FISTULA

MAY 24, 2022–ZONTA HAMILTON 1 ANNUAL GENERAL MEETING

JUNE 5, 2022–WORLD ENVIRONMENT DAY

JUNE 8, 2022–WORLD OCEANS DAY

JUNE 25-28, 2022–65TH INTERNATIONAL CONVENTION, HAMBURG, GERMANY

JUNE 28, 2022–JUNE SOCIAL

**HAPPY BIRTHDAY!**

**May 4 — Margaret Good**

**Zonta International:**  
[www.zonta.org](http://www.zonta.org)  
**District 4 Website:**  
[www.zontadistrict4.org](http://www.zontadistrict4.org)

**Zonta Club of Hamilton 1:**  
[www.zontahamilton1.ca](http://www.zontahamilton1.ca)  
For information, please email:  
[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)

Find us on  
**facebook**



## *May 2022 President's Report*



Last year I had a May message about Mother's Day. I said that I love this day because I don't have to cook. That didn't happen this year. I was the cook. At least I didn't have to wash dishes – only carve the turkey.

Truth is, I don't really worry about Mother's Day (unless my kids want to make a big splash over it). It is just another day on the calendar. Kind of like my birthday. If I am the one who cooks it is ok. It is my choice (I could have just said "order take out and you pay the bill" to my kids).

How fortunate that I have choices. There are so many who don't. I think about all the women living in poverty in our community and around the world. They do not have choice. Those living with violence. They often do not have choice. Those who are living with war and conflict. They are just trying to live to see another day.

How fortunate are we who live in relative comfort and security. Mother's Day should be a celebration of how blessed we are – not just a celebration that we have given birth.

I am so proud of our club for continuing our efforts to raise awareness of the issues women face and provide funding to help empower them. Poverty, mental health issues, homelessness and violence against women continue to plague our community and our world. Our efforts DO make a difference. Thank you for your support our club efforts.

Trish

## *Thank-You*

I would like to thank everyone in the club for the beautiful yellow Zonta flower arrangement that found me after my shoulder replacement surgery, even though I was not at home. It was a huge surprise. My daughter Ren also enjoyed it while she was caring for me. Also, please accept my sincere thanks for all of the beautiful cards, messages, phone calls, good thoughts and prayers. Ren hung the cards for me when I came home. I'll enjoy them while I convalesce.

Your Zonta Sister,  
Alina Zilvytis

## *Yarn Needed*

Marlene Balsdon is willing to arrange pick up any yarn you may come across so that her friend can keep on knitting!



# Membership Matters

## Membership Matters – Step Up Please

Your club needs your help.

There are several exciting opportunities for members to step up and serve the club for the upcoming biennium. Please consider putting your name forward to lead in the following areas and we will work hard to ensure that you have a committee to assist you.



1. **Service Committee Chair**
2. **Program and Social Committee Chair**
3. **95th Anniversary Celebration Chair**

### We are Growing!!!

There will be three members inducted at the May meeting - Sheila, Liz and Catherine. Please say hello and make them feel welcome. Wear your nametags to help them too!

There is a [New Member Welcome Video](#) from Zonta International which talks about ZI - programs, causes, mission, and website. This video is very up-to-date, and includes information about the new Zonta Connect app. All members would benefit from a refresher, and should click on the link.

### New Zonta Connect App

Connect with Zonta International on your mobile devices, phones and tablets.



- Latest ZI news
- Discussion forums based on your needs and interests
- Easy access to member resources
- Worldwide Member directory
- Calendar of ZI events

Here is the [User Guide](#) which gives you step-by-step instructions.

# Club Donation to Zonta International

**Contribution Date:** Saturday, April 30, 2022

**Payment Method:** Business Check

**Contribution Designation:**

<i>Rose Fund</i>	US\$500.00
<i>International Service Fund</i>	\$2,000.00
<i>Amelia Earhart Fellowship Fund</i>	\$300.00

**Lifetime Contribution Total: \$67,804.50**



## Advocacy News

### Quilt Exhibit

The Advocacy Committee was happy to host Comfort/Discomfort textile art exhibit May 10 to May 15. Thank you to the Putman Family YWCA for hosting us and to Jenny Iserman the artist for sharing her beautiful and moving quilts with our club and the community.

Special thanks to Karin Eckart, Nancy Zilvytis, Debbie Field and Sandra Cronk for making this event happen.

Thank you to Nancy, Irene, Renate, Janice, Alice, Dianne M, Trish, Judy, Lena, Debbie, Karin, Sandra and Maureen for volunteering to be present during the exhibit.

Sharon Haas and the Advocacy Committee





## *Fundraising Committee*

# maxsold

Downsizing and Estate Sales

We are currently collecting items for our next Maxsold auction, which will likely be held in June. I currently have about 25 boxes of various household goods, a jewelry box, several bicycles, two screen doors, some small cupboards.

If you or anyone you know wants to get rid of something that we can sell, please let me know. I can arrange pickup, or if it is something larger, I might just take pictures and sell it on Marketplace. One person's discards are another person's treasures!



The Zonta Club of Hamilton 1 is fundraising with TruEarth! Support our fundraising efforts by shopping through our fundraising store. Our organization will earn 20% profit on each purchase made. Same prices and discounts as any other customer. Free shipping  
Environmentally friendly  
Excellent products

[Link to our store](#)



Sandra

## *McMaster Golden Z Club*

Exciting news!! The club received word that their application for the 2022 McMaster Okanagan Special Project Fund was selected for joint funding. This fund is in its third year and was put in place to help improve campus health and well-being. The Golden Z project, Menstrual Equity in Residences Pilot Project, was one of several projects on menstrual equity that applied this year. The collaborative project would be to create a pilot project between Housing and Conference Services with Student Wellness Centre and McMaster Libraries. The committee will meet soon in order to decide what the joint project will look like.

Submitted by Nancy Zilvytis