



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL-O-ZONTA
SEPTEMBER, 2021

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

KARIN ECKART, EDITOR

Board of Directors 2021-2022

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President	Trish Mongeon		
Vice-President	Debbie Field	First Year	Jelaine Foster
Recording Secretary	Alice Tyler	Second Year	Dianne Moore
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SEPTEMBER 28TH, 2021 MEETING

You are invited to the
Zonta Club of Hamilton 1 Meeting

September 28, 2021

In person at The Visitors Inn

Hungry Traveller Restaurant

649 Main Street West (near Hwy 403)

[Zonta September Dinner Registration](#)

5:30 pm Social

6:00 pm Dinner

7:00 pm Business Meeting

Business Meeting Via Zoom

For those not attending in person

Please click the link below

Join the Zoom Meeting

<https://adric-ca.zoom.us/j/62528162480>

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Dates to Remember

UPCOMING MEETINGS:

DISTRICT 4 CONFERENCE ON-LINE SEPTEMBER 24-25, 2021

OCTOBER 26, 2021 MEETING

HAPPY BIRTHDAY!

September 5 — Debbie Field

September 9 — Irene Polidori

September 22 — Sandra Cronk

September 27 — Diane Stogiannes

Zonta International:
www.zonta.org
District 4 Website:
www.zontadistrict4.org



Zonta Club of Hamilton 1:
www.zontahamilton1.ca
For information, please email:
contactus@zontahamilton1.ca



September 2021 President's Report



Welcome to Autumn., well almost.

Autumn means a lot of fun and outdoors activities. It brings different colors to the people's life – yellow, red, orange, brown and more. The temperature becomes colder, days shorter. Animals starting preparation for cold months and plants stop making food, everything in nature slowly starting to fall asleep.

However, as Zonta members, we are waking up from our Summer hiatus, starting with a great presentation on September 14th by Deirdre Pike on “Moving Beyond Shiny Diversity”. She challenged everyone to be an ally, an advocate and an accomplice for change. It is not enough to say a company has a diversity statement, or that we accept everyone who lives on our street. We need to hear the lived experience and fold together to bring about real inclusion.

During the presentation Deirdre asked if Zonta has an equity, diversity and inclusion statement. Frankly, I couldn't answer. It would make sense given our mission and vision. I did find it on the ZI website (a little searching involved) and I invite you to check it out:

https://www.zonta.org/Web/About Us/Diversity_Equity_and_Inclusion/Web/About/Diversity_Equity_and_Inclusion.aspx?hkey=ddcf3528-fbf2-4998-82e4-e492d695b32b

The statement has a lot to say about who we are as Zonta members. The path to true diversity, equity and inclusion doesn't stop at the door to the dinner meeting (or our Zoom time). It is something that each of us must embrace and challenge others to do all the time. It isn't going to be easy. We **will** be uncomfortable. But if we truly believe that diversity, equity and inclusion is the right thing, we have to stand up and lend our voices and our actions to make a difference. In the words of Judge Judy, we were given two ears and one mouth for a reason. Listen to those who have lived the experience. Ask them what you can do. And then do it. And when you see behaviour that is not acceptable, speak up. Be the voice. <https://www.youtube.com/watch?v=sWS0GVOQP0>

Zonta Dinner Meetings

We hope that we will be able to return to in-person meetings this month. Thank you to Debbie Field for finding us a new location at the Visitors Inn. Even if we are in-person, you may choose to join by Zoom. The quality may not be as good as when we are all on Zoom but we will do our best to make the experience welcoming and enjoyable.

The Zoom link for all meetings between now and May is <https://adric-ca.zoom.us/j/62528162480> and the Zoom portion will start at 7:00 p.m. ET.

Lunafest

We will be having Lunafest again this year via Zoom. Mark your calendar for November 7th. More to come.

Trish



Membership Matters

Welcome back! We hope you have had a safe and healthy summer when you could refresh, recharge and restore. Membership starts with you, and I encourage you to invite a friend, colleague or community member to join us at our meetings and events. Share our newsletter, and upcoming events from District 4 and International. Promote Zonta by increasing visibility on your social networks - Like and Share on Facebook and Like and Retweet on Twitter.

Your enthusiasm for Zonta will shine!

Zonta Hamilton 1 has been active in the community over the summer months with members participating in Service Projects - Shoppers Drug Mart Run for Women’s Mental Health, Hamilton YWCA Walk a Mile in Her Shoes for Women’s Shelter, assisting Interval House with fundraising preparation, in Advocacy Projects – Project Maple Leaf to Eliminate Human Trafficking, and in Fundraising – online Maxsold auctions, VG Meats sales and the restart of Bingo.

Thank you very much!!

Thank you to President Trish for hosting a social in her garden in August, it was wonderful to see your smiling faces in person.

Roster Update

The current roster will accompany the Tel-O-Zonta email. Please review your information and if there are any updates or corrections please contact Debbie at fieldandslote@gmail.com.



Zonta Name Tags

Please remember to wear your Zonta name tag to our dinner meeting. We have members who joined us last year who will be presented with name tags at the next meeting, and this will be a friendly way to help them learn your name.



Debbie Field
Vice President and Membership Chair

Fundraising

BINGO IS BACK!

We are making good money - approximately \$1000 per bingo, twice a month. We do a Friday evening and a Sunday evening, from 5 o'clock until 9:30. We have 4 teams set up, but we can use more help. Starting next week everyone entering the Bingo Hall, including our volunteers need to be fully vaccinated.

If you can help out, even two or three times a year, let Sandra Cronk know. Training is free!



Advocacy

The City of Hamilton has approved our application to have our banner 'Zonta Says No to Violence Against Women' hung across the front façade of city hall December 6 to 12. This will occur during the 16 Days of Activism (November 25 to December 10). The banner will be on display during the National Day of Remembrance and Action on Violence Against Women December 6 and World Human Rights Day December 10. This is subject to Provincial Covid regulations. We will be working on a possible event to coincide with the display. Any ideas are welcome.

Sharon Haas and Advocacy Committee



Service

The Service Committee was active this summer participating in the Shopper's Drug Mart Virtual Run for Women and the YWCA Virtual Walk-a-Mile in her Shoes. Thank you to all members who made generous donations, allowing us to donate \$625 to support women's mental health programs at St. Joe's Healthcare and \$1000 to the YWCA's excellent women's programs.

Our committee was also able to assist Interval House with preparing the mailers for their 35th anniversary fundraiser. Many thanks to Joan Hutcheson for spearheading this project and to the willing volunteers who stuffed many envelopes in 4 hour shifts at Interval House over the past few weeks.

A major focus of our committee's efforts this year will be exploring 'hands-on' activities as the pandemic restrictions permit. Stay tuned for more information on preparing Birthing Kits in October, collecting items for Hygiene Kits and for announcements concerning exciting partnership activities with Interval House and the YWCA.

Alice Tyler
Service Committee Chair

Request for Yarn

Joan Heels and Marlene Balsdon are requesting any donations of knitting wool or yarn that you may have. Joan and Marlene's friend would like to keep on knitting for the club! Please contact Marlene at 905-528-8215 or via email marlene.balsdon@sympatico.ca or Joan at 905-522-5770 or via email joanheels@aol.com.