



# ZONTA CLUB OF HAMILTON I

MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY



## TEL-O-ZONTA NOVEMBER, 2021

**MAILING ADDRESS:**

PO Box 89034  
WESTDALE SHOPPERS DRUG MART  
HAMILTON, ON L8S 4R5

**KARIN ECKART, EDITOR**

### *Board of Directors 2021-2022*

Officers

**President** Trish Mongeon  
**Vice-President** Debbie Field  
**Recording Secretary** Alice Tyler  
**Treasurer** Maureen Hayman

Directors

**First Year** Jelaine Foster  
**Second Year** Dianne Moore

### ***NOVEMBER 26TH, 2021 MEETING***

You are invited to the  
**Zonta Club of Hamilton 1 Meeting**

**November 23, 2021**

**In person at The Visitors Inn  
Hungry Traveller Restaurant  
649 Main Street West (near Hwy 403)**

5:30 pm Social

6:00 pm Dinner

7:00 pm Business Meeting

### **Business Meeting Via Zoom**

For those not attending in person

Please click the link below

Join the Zoom Meeting

<https://adric-ca.zoom.us/j/62528162480>

### **INSIDE THIS ISSUE**

November Birthdays	2
Dates to Remember	2
Dinner Meeting Reminder	2
President's Report	3
Membership Matters	4
Lunafest Update	4
16 Days of Activism	5
McMaster Golden Z Club	5
Fundraising	6
Service Committee	6



## *Dates to Remember*

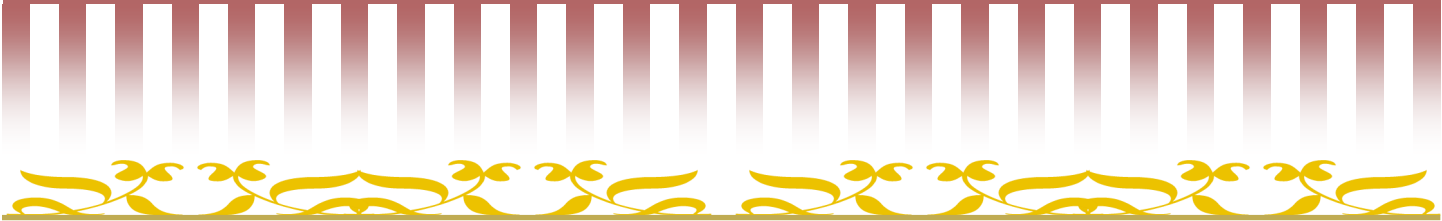
### UPCOMING MEETINGS:

**BIRTHING KIT ASSEMBLY, SATURDAY, NOVEMBER 20, 2021**

**NOVEMBER 23, 2021, DINNER MEETING**

**ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN BANNER AT CITY HALL  
DECEMBER 6-12**

**DECEMBER 14, 2021, DINNER MEETING**



## HAPPY BIRTHDAY!

**November 27 — Phyllis Deptuck**

**November 28 — Maureen Hayman**

**November 30 — Joan Vineberg**



Please remember to bring sanitary supplies for "Tampon Tuesday" to benefit the Period Pop-Ups project which involves the provision of sanitary supplies to women in need of these supplies. Also please remember to bring Hygiene Kit items for Gertrud Taunton.



## November 2021 President's Report



The Defiant, Incorrigeble Woman – borrowed creatively from <https://exploringyourmind.com/defiant-incorrigeble-woman-unbearable-many/>

'If you have never been called an incorrigible, stubborn, defiant WOMAN, don't worry, there is still time'

-Clarissa Pinkola Estes

Just a few days ago, a friend posted this on Facebook. I have been called incorrigible and stubborn. I am so glad there is still time be a defiant woman.

In many cultures, it is said that the woman represents “the light of life.” However, that light is not in their eyes but in their ovaries. It is curious, in turn, how in those cultural roots of cultures all around the world, the figure of the woman was not only seen as “creating,” but also as a defiant entity.

As Robert Graves explains in his book “The White Goddess,” both in Ancient Mediterranean Europe and in the Middle East, it was very common to see matriarchal cultures that adored a Supreme Goddess. She was a deity associated with the moon, who rose up with her own light across from the rest of the masculine gods. However, all of those roots and those echoes of notable beauty were crushed out by the eruption of the patriarchy.

The woman and her anthropological and cultural imprint faded starting around 400 B.C., a moment in which she was obligated to live in those private spaces, in silence and submission. The Great Goddess, defiant transformer who was full of mysteries, did not die; she continued to exist secretly in many cultures. She was passed down from generation to generation, from woman to woman, in the magical connection of the feminine legacy. There was whispering in the dark that once upon a time, the woman was like the moon, that archetype that advances and grows through various cycles, various changes. Someone with power over nature and that once was feared by that entity that represented masculine power: the sun.

These are challenging times. All of those cultural legacies that silenced women continue to be with us. As women, we know that we can and must defy ourselves and the world itself if we are to move forward. Let us admit that in the end, that moment always comes. That day when we get tired of saying “yes” when what we want is to scream “no.” Maybe that sensation of full control arrives, effectively, when we assume our own maturity. When there is no longer fear of the passage of time, and solitude is no longer seen as an enemy, but as a space for growth, expansion, and opportunity.

The defiant woman sometimes is not well-accepted. It is like a magnetic pulse that comes from the depths of the Earth and that lets out its strength to change reality. Something like this is received with fear, because the changes that old ties seek to renew are seen as unsettling. All the same, the woman with a strong character is still seen with distrust. They call her selfish just because she is firm in her convictions, in her values, or because at a given moment, she finally chooses to put herself before all others. Whether we believe it or not, we continue to be those witches, sometimes hated for our gifts but also envied for our many abilities.

I commend you to be incorrigible and defiant and definitely stubborn. Heiresses of a defiant goddess, we seek to create our own paths in dignity and happiness and raise other women to the same.

Trish



## *Membership Matters*

### STAND UP AND SHINE!

In the month of November, Zonta members show their community and the world why they choose to belong to Zonta. Service and Advocacy, the two main pillars of Zonta, are highlighted throughout the month:

- Assembly of birthing kits shows how local clubs come together to help mothers and babies around the world
- Lunafest tells stories in film about the struggles and successes of women and girls
- Writing caring cards to insert in hygiene kits that our club assembles for local women's shelters shows how we care for our own community

Starting November 25, through the Zonta Says NO to Violence Against Women campaign, Zonta clubs around the world are uniting to raise their voices to bring awareness to this issue and advocate on behalf of gender-based violence survivors

**WEAR ORANGE ON NOVEMBER 25**  
**WEAR ORANGE TO DINNER MEETING ON NOV 23**  
**WEAR ORANGE TO CITY HALL ON DEC 6**

**WHEN THE COMMUNITY SEES US IN ACTION, THEY ASK US ABOUT ZONTA - THIS IS OUR TIME TO SHINE AND LET THE WORLD KNOW WHO WE ARE, WHAT WE STAND FOR AND WHY WE CHOOSE TO BELONG TO ZONTA.**

Debbie Field  
Vice President and Membership Chair

## *Lunafest*



### LUNAFEST – Virtually Again

On Sunday, November 7 our club hosted LUNAFEST 2021. Although participant numbers were down, we still had a good time, watched some interesting films and made \$2,257.67 to support our Service Projects.

Thank you to everyone who bought a ticket and got their friends and family involved. We even had people who were not associated with our club members joining in.

To everyone who donated to the silent auction. Thank you as well. We made more on the silent auction this year than last. This continues to be an easy way to raise funds for our club. Hopefully next year we will be able to consider a hybrid model to continue to engage people who are not local to participate.



## *Advocacy*

**The 16 Days of Activism is happening soon! Here is a reminder of our club activities:**

- November 25 is International Day of Violence Against Women.
- November 29 the HAMILTON sign at city hall will be lit in orange.
- December 6 to 10 our Zonta Says No to Violence against Women banner will be hung across the facade of City Hall.
- December 6 The National Day of Remembrance and Action on Violence against Women.
- December 6 please join us at 5:30 in front of city hall to remember and advocate for those effected by gender based violence. We are inviting community partners to a brief ceremony. Afterwards we will have a photo shoot and serve hot chocolate. Please wear orange if you can. Please RSVP to Sharon Haas.
- December 10 World Human Rights Day

**Throughout the 16 Days, please spread the word via social media.**

Thanks, Sharon and the Advocacy Committee



## *McMaster Golden Z Club*

The club has 17 members this year. During their weekly Zoom meetings, they have been busy planning events. For the 16 Days of Activism, a social media campaign will run with daily posts. McMaster Golden Z will also be hosting a virtual Trivia night with 25 questions about the 16 Days of Activism on Friday, November 26th. The registration form is not yet prepared so I will have it sent with the agenda for our November 23rd Zonta meeting so you can join if you wish.

Two of the club members are planning to help with our birthing kit day on Saturday, November 20 and a couple are planning to join us at City Hall on December 6.

Nancy Zilvytis

**Zonta International:**  
[www.zonta.org](http://www.zonta.org)  
**District 4 Website:**  
[www.zontadistrict4.org](http://www.zontadistrict4.org)

**Zonta Club of Hamilton 1:**  
[www.zontahamilton1.ca](http://www.zontahamilton1.ca)  
**For information, please email:**  
[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)





## Fundraising

**Christmas Fundraising** helps to run our club

Back by popular demand is our Christmas wine raffle and bake sale. We are looking for donations in any or all of the following categories. Please bring to either our Nov or Dec meeting, or call Sandra to have it picked up:

**Wine Raffle:** donations of wine or other adult beverages

**Bake Sale:** consumables such as baked goods, squares, preserves, main dishes that can be frozen, candy etc.

Homemade items only (not purchased)

Bring items in a decorative can, plate or basket

Donor should suggest a price but our committee member will group items and place actual prices.

Donor can include recipe

Ethnic type foods which highlight that we are a world-wide club.



**Sales Table** with buy it now prices:

Zonta stuff (bags, jewelry, shirts)

Mary Kay Jewelry (donated by Margaret Good)

Thank you from the Fundraising Committee

## Service

The Service Committee has continued to offer opportunities for our members to participate in hands-on service projects. First, many thanks to all members who stuffed envelopes (by the hundreds) for the Interval House’s Holiday Mailers. We hope to continue to partner with Interval House and to provide their residents with Holiday gift cards to shop for their families. We’re also very appreciative of those who participated in The Birthing Kit project.

At the October dinner meeting, we were pleased to welcome YWCA staff members, Heather Barkley and Sara Charters, who provided us with an overview of upcoming service opportunities with which we could assist. We were also treated to a demonstration of creating a bedroll from plastic bags by Zontians who are involved with this project for homeless women.

Another project this month involved two of us assisting with the YWCA ‘Show Your Local Love Day’ at which time we delivered flyers about the Putman Family YWCA to the local Ottawa Street businesses, inviting them to visit the new building. As well, several Zontians have signed up to assist with the Holiday Wrapping project for the women and children. If you signed up for this project at the meeting, you will be contacted by the YWCA concerning details, including completing a volunteer application. Please let me know if you weren’t at the meeting and you’re interested in volunteering for this project.

Other opportunities to serve the women of our community include Period Pop-ups, a project in which some of our Zonta members participate to help women and girls, particularly those who aren’t able to easily afford and obtain sanitary supplies. We ask you to bring these supplies to the November meeting as well as self-care items for our special Hygiene Kit preparation which will occur in January, 2022, under the direction of Gertrud Taunton. We will also distribute Zonta postcards for members to prepare caring messages for the hygiene kits.

We appreciate your interest in and support of these projects and will look forward to engaging in additional projects in the New Year.

Alice Tyler  
Service Chair