



# ZONTA

CLUB OF  
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY



**TEL-O-ZONTA**  
NOVEMBER, 2020

**MAILING ADDRESS:**

PO Box 89034  
WESTDALE SHOPPERS DRUG MART  
HAMILTON, ON L8S 4R5

**KARIN ECKART, EDITOR**

### *Board of Directors 2020-2021*

Officers		Directors	
<b>President</b>	Trish Mongeon		
<b>Vice-President</b>	Debbie Field	<b>First Year</b>	Dianne Moore
<b>Recording Secretary</b>	Alice Tyler	<b>Second Year</b>	Irene Polidori
<b>Treasurer</b>	Maureen Hayman		

### ***NOVEMBER 24TH, 2020 MEETING***

You are invited to the  
**Zonta Club of Hamilton 1 Meeting**  
via Zoom

**When:**

**November 24, 2020 07:00 PM Eastern  
Time (US and Canada)**

**Topic:**

**Zonta Club of Hamilton 1  
November Business Meeting**

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Please click the link below  
Join the Zoom Meeting

<https://ca01web.zoom.us/j/64484903098>



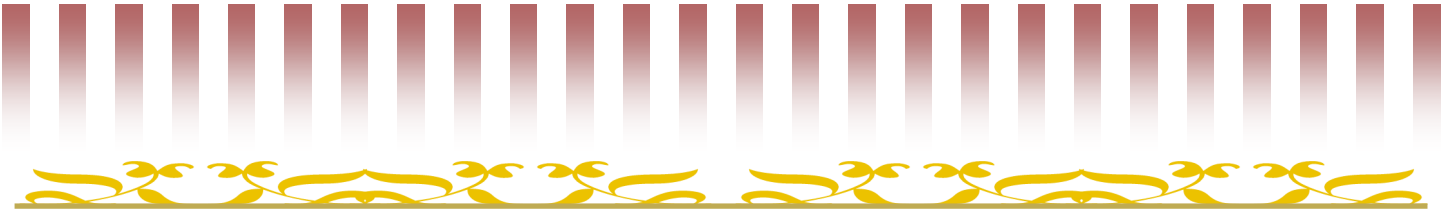
## *Dates to Remember*

UPCOMING MEETINGS:

DECEMBER 8, 2020

16 DAYS OF ACTIVISM

NOVEMBER 25TH–DECEMBER 10TH



## HAPPY BIRTHDAY!

**November 14 — Karen Dawson; November 27 — Phyllis Deptuck**

**November 28 — Maureen Hayman**

**November 30 — Joan Vineberg**



## *Zonta Care Cards*

We have had these postcards printed earlier this year and they await *hand-written* caring messages and quotes. I will compile a list of these and we will have club member volunteers write them out on the back of the card. These will go into every hygiene kit that is assembled. We thought we could also use them for Service projects that we support such as wigs/bras for women in the CAP.

Please send hope-filled messages and/or quotes to me Karin Eckart [kareck@gmail.com](mailto:kareck@gmail.com) and I will list them and send them to our club volunteers. Cards will be delivered to our volunteers. So I need 2 things from members:

- Messages and quotes sent to me
- Volunteers to handwrite 20 or so cards

Thanks for your help with this!  
Karin Eckart



## November 2020 President's Report



Zonta Club of Hamilton 1, in partnership with our Mac Golden Z Club, will be hosting our 5th Annual LUNAFEST®. Short Films By and About Women. Rated Equal™

**Sunday, November 22 at 2:00 p.m. ("doors" open at 1:30)**

This year we will be virtual. Everything – Our “cinema” will be on Zoom. We will have an online silent auction and door prizes will be delivered. And you will view the movies from your computer or device.

But it is still LUNAFEST!!!!

Cost: \$20 for adults  
\$5 for students

This is a fundraising event for our club. Invite your family and friends. If they are part of your bubble, invite them over. Otherwise they can join from their home. If you would like, we can offer you a private breakout room for you and your guests

for ½ hour before the start and 1 hour after the finish of the main event – so that you can enjoy each other's company. Start inviting your friends and family.

Purchase tickets on Eventbrite: <https://www.eventbrite.com/e/lunafest-hamilton-2020-tickets-125507025893>

**Plus we have our online auction - you or anyone in your family or among your friends do not need to attend LUNAFEST to participate in the silent auction.**

Just register at <https://www.biddingowl.com/ZontaClubofHamilton1>





## Advocacy

**I PLEDGE TO SAY  
NO  
TO VIOLENCE  
AGAINST WOMEN**

Join me at [ZontaSaysNO.com](http://ZontaSaysNO.com)



### 16 Days of Activism November 25 to December 10 Ideas for Members to Advocate for Women in our Community

1. On November 25 evening, go and take a selfie at Hamilton City Hall signature sign as it will be lit in orange. Don't forget to share it on social media.
2. Make a cash or toiletries donation to Gertrud Taunton for our club hygiene kits.
3. Share the message of Zonta Says No on your social media. Share the signal for help.
4. Visit Zonta District 4 website and review the 16 Days of Activism toolkit.
5. Talk to others about why ending child marriage is an important issue to Canadians and worldwide. Refer to Zonta International website for more info.
6. Wear your orange tee shirt or jacket.
7. Support local like minded organizations.
8. Make and share the pledge.
9. Read an article or book about a survivor of violence and share with your friends.
10. Remember a victim of violence.
11. Inspire a young woman.
12. Make a donation to our club or Zonta International.
13. Be kind to yourself and others.
14. Reach out to community leaders.
15. Thank a woman who improved your life.
16. Invite others to join Zonta and share our vision.

Sharon Haas

### Facebook/Instagram/LinkedIn:

Isolation can increase the risk of violence at home. If this is the case for you, use this signal on a video call to show you need help. If someone gives you this signal on a video call, visit [canadianwomen.org/signal-for-help](http://canadianwomen.org/signal-for-help) to learn how to check in safely and find support resources in your community. #SignalForHelp #COVID19



## *Service Committee*

### **Request for Hygiene Kit Items**

The pandemic has heightened the need for hygiene kits to be distributed to the organizations which serve women, particularly those in shelters. We are grateful for Gertrud Taunton’s willingness, with some assistance, to collect, prepare and distribute hygiene items for our club.

Gertrud has emphasized this year that if you are unable to donate the items, monetary donations are appreciated as well for her to augment the budget allocation to purchase the necessary items.

As a reminder for our members, the toiletry items in the kit generally include any size of: shampoo, conditioner, toothbrush, toothpaste, deodorant, bar soap, face cloths, Kleenex (small pkgs), combs, emery boards, face cloths and any other toiletry items you may have in a purse.

We also will include hats, scarves and gloves from Zontians and friends, and our Zonta cards with caring messages from our members.

Items can be delivered to Gertrud’s home at 60 Maple Street, Stoney Creek. She would appreciate a call first, but items can be left at her door. Please let Alice Tyler—905-902-8137— know if you would like to have your donations picked up to be delivered to Gertrud.

Thank you so much for your participation in this important Hands-On Service Project.

Alice Tyler  
Chair- Service Committee



Zonta International:  
[www.zonta.org](http://www.zonta.org)  
District 4 Website:  
[www.zontadistrict4.org](http://www.zontadistrict4.org)

Zonta Club of Hamilton 1:  
[www.zontahamilton1.ca](http://www.zontahamilton1.ca)  
For information, please email:  
[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)