



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL-O-ZONTA
MARCH, 2021

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KARIN ECKART, EDITOR

Board of Directors 2020-2021

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MARCH 23RD, 2021 MEETING

You are invited to the
Zonta Club of Hamilton 1 Meeting
via Zoom

When:
March 23, 2021 07:00 PM Eastern Time
(US and Canada)

Topic:
Zonta Club of Hamilton 1
March Business Meeting

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Please click the link below
Join the Zoom Meeting
<https://ca01web.zoom.us/j/64484903098>



Dates to Remember

UPCOMING MEETINGS:

MARCH 23, 2021 MONTHLY MEETING

APRIL 27, 2021, MONTHLY MEETING

HAPPY BIRTHDAY!

March 17 — Judi Harbottle-Park

March 22 — Winsome Plummer

March 28 — Sherrill Ritchie

Inter-City

During the present Covid-19 restrictions, we cannot attend in-person events at other Zonta clubs. However, some of our members have joined presentations via Zoom. In order to keep a record please kindly advise Alina Zilvytis by phone 905-679-4578 or e-mail azilvytis@rogers.com of the events in which you have participated.

Intercity, Alina Zilvytis



March 2021 President's Report



A personal reflection this International Women's Day

"Strong women aren't simply born. We are forged through the challenges of life. With each challenge we grow mentally and emotionally. We move forward with our heads held high and a strength that cannot be denied."

– Alysia Helming

I was reading a message from the Stephen Lewis Foundation which really resonated with me. I am taking the liberty of adapting it for myself.

Early in my life, I knew that I wanted to be a mother. Not just any mother, but the type of mother who raised daughters who know how to be strong. I wanted to pass along things that my mother, and grandmother, taught me about not being constrained by society's constricts. I also wanted to be the kind of mother who would teach her sons how to be men who understand womanhood and celebrate the strength that women bring to the world and do not fear it. I wanted to help my children be fierce warriors for what is right.

Like many of you, I am dismayed by the injustices in the world, particularly leveled at women and girls simply because of their gender. Yet I am in awe at the brilliance and resiliency of women to rise above all that may knock them down and give hope and light to others, even in the midst of their own darkness. This is courage – carving out space for others when no one has made space for them.

Discrimination of all kinds continues to disproportionately affect women and girls excluding them from having free agency and decision-making power over many of the things that affect them. Women and girls remain vulnerable to sexual, physical and emotional violence and abuse. They are stigmatized and ostracized for affirming their sexual and reproductive rights and for challenging gender-normative roles.

International Women's Day is a reminder to celebrate the power of womanhood. We as Zonta members are called to elevate other women – in our families, in our clubs, in our communities. This call is not something we learned in a book or in the halls of some school. It is a call radiating from deep within us to gather the energy of women from all corners of the world and create a movement so strong, so unbreakable, that we begin to see real and sustained change in how women are treated.

I salute you, my fellow Zonta members, for being instruments of inspiration and change. Well done.



Membership Matters

Building

Since the last newsletter, our club had fascinating and thought-provoking speakers, Denise Davy, talking about women's homelessness and mental health in Hamilton, and Sue Taylor, talking about engaging men to work with other men and boys to be part of the solution to eliminate violence against women. We had shared fellowship and fun with "Whisky in the Kitchen" and a 93rd Birthday Celebration. Please continue to participate in these events and ask your friends to join us. We will build our club by reaching out one by one to other like-minded women.

Engaging

There are many ways to stay engaged with Zonta at the club, district and international level. Please check out this list and see some of the interesting events in the next month and beyond:

Saturday, March 20 – 4:20 PM – **McMaster Golden Z Club** hosts "Women in STEM & Social Justice" -

Come out and support our local Golden Z club who are featuring two of our members Nina Ahuja and Denise Christopherson as panelists –[Register Golden Z](#)

Monday, March 22 - 7:00 PM – *D4* – Book Club – "*Find Your Inner Red Shoes*" – by Mariela Dabbah, founder of the Red Shoe movement –[Register Book Club](#)

Wednesday, March 24 – 3:00 PM – **ZI** – Remarkable Women - Powerful Stories – Tressa Lacy, founder of Undaunted Women, a non-profit that advocates with women to overcome barriers to self reliance - [Register Remarkable Women](#)

Monday, March 29 – 7:00 PM – *D4* – Learning about Resiliency in our District – Online Registration March 17pm on zontadistrict4.org

March 15 to 26 – UN Commission on the Status of Women - CSW is the largest annual gathering on women's rights worldwide - CSW 65 will be on online this year – Check out events [CSW here](#)

Saturday, April 17 – *District 4 Workshop* – Save the Date – details to follow

Promoting

The theme for IWD 2021 is **#ChooseToChallenge**. **Our club challenges every member to promote Zonta Hamilton 1 and help build membership.**

It is good to be reminded visually that our strength is made by linking many hands together, and by working together, we are stronger. Please remember to reach out your hand to other women in our community who can help build and strengthen our club by becoming members.

McMaster Golden Z Club

On Saturday, March 20th from 4:20 to 6:30 PM EST, join the McMaster Golden Z speakers' Night: Women in STEM and Social Justice to hear six amazing women share their experiences in STEM and/or advocacy careers and speak about their work and activism. By participating in this virtual event on Zoom, you will also be automatically entered to win prizes from local small businesses! All are welcome and encouraged to participate.

Register for Speakers' Night here: forms.gle/KD4HTa64HukYxSWa7

Schedule (all times in EST):

- 4:30-4:50 PM: Dr. Nina Ahuja (Surgeon, ophthalmologist, McMaster faculty member and published author)
- 4:55-5:15 PM: Denise Christopherson (CEO of YWCA Hamilton)
- 5:20-5:40 PM: Dr. Paloma Corvalan (PhD in Animal Behaviour, Partnerships and Development Manager at Sea Smart)
- 5:45-6:00 PM: Dr. Eveline Pasman (MD/PhD Fellow at Western University developing novel medical devices)
- 6:05-6:25 PM: Ravina Anand & Michelle Kwok (Co-Founders of FLIK, an apprenticeship portal connecting female-identifying leaders and students)

For more information (and a chance to win free AirPods!), check out: <https://www.instagram.com/macgoldenz/> or <https://www.facebook.com/MacGoldenZ/>

Zonta History Bios

We would like to highlight various past members of our club on the history page of our new website. We currently have profiles of Mary Keyes and Olga Cloke (<https://zontahamilton1.ca/about-the-zonta-club-of-hamilton-1/our-history/>) and I would like to change them periodically.

I'm looking for volunteers to do a bit of research, hopefully find a picture. then write a short bio of the member (around 150 to 200 words). Let me know if you would like to help or to suggest other names for the list.

Thanks, Sandra Cronk

Bagshaw, Elizabeth
 Black, Marg
 Carrol, Elva
 Colter, Fran
 Cook, Audrey
 Chrysler, Anne
 Duffin, Helen
 Fairclough, Ellen
 Fallon, Marlene
 Gordon, Hortense
 Heels, Mary

Henderson, Nora
 Isaac, Anita
 Jones, Anne
 Larmour, Lillian
 Newman, Liz
 Orban, Lillian
 Rilett, Dorothy
 Ritchie, Olive
 Robinson, Edna
 Smale, Mary
 Stewart, Muriel



Fundraising



Our first limited sale was very successful thanks to all of you. We sold \$5163.50 of product which will be delivered to either my house, or the Stoney Creek store next week. We will be in touch with all purchasers to let you know when it will be ready for pickup. The club earned over \$1700 for this first effort, and we hope to repeat it again in a few months. Thank you all!

maxsold

Downsizing and Estate Sales

Maxsold is an online auction company that specializes in downsizing and estates. They sell everything. They currently are offering to assist charity groups charging no commissions or fees. So we are going to give this a try! Maureen is still downsizing and has agreed to let us sell a collection of wall art and art books. Do you have something you can donate? All donations must be submitted by April 9, 2021. Since the goods will be collected from Sandra's house, no large furniture pieces please, but here are some suggestions:

- A collection of anything (puppets, turtles, tea pots?)
- Art or art books
- Glassware
- Small tables
- Old sewing machines, cameras
- Musical instruments

These are just some suggestions. You should know that there is no minimum bid, so if someone bids even \$1 the item is sold and item cannot be withdrawn once the auction begins. So for now, think about something that you no longer want or need. We all need to downsize! Put a box of "stuff" together, individual items or boxes of things. Anything leftover (not sold) will be taken to the Giving Closet. Sandra is going to purge her costume jewelry. I, Karin Eckart, can pick up items or you can drop them off at my house too! If you have something, please send Sandra an email (sales@zontahamilton1.ca) or call her (905-524-0188) so you can talk it over.

Thanks, Sandra Cronk

Zonta International:
www.zonta.org
District 4 Website:
www.zontadistrict4.org

Zonta Club of Hamilton 1:
www.zontahamilton1.ca
For information, please email:
contactus@zontahamilton1.ca

