

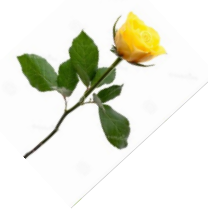


ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL-O-ZONTA

JUNE, 2020

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Dianne Moore

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JUNE 23RD, 2020 MEETING

You are invited to the
Zonta Club of Hamilton 1 Meeting
via Zoom

When:

June 23, 2020 07:00 PM Eastern Time
(US and Canada)

Topic:

Zonta Club of Hamilton 1
Social - June 2020

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Please click the link below

Join the Zoom Meeting

<https://ca01web.zoom.us/j/68712228329>



Dates to Remember

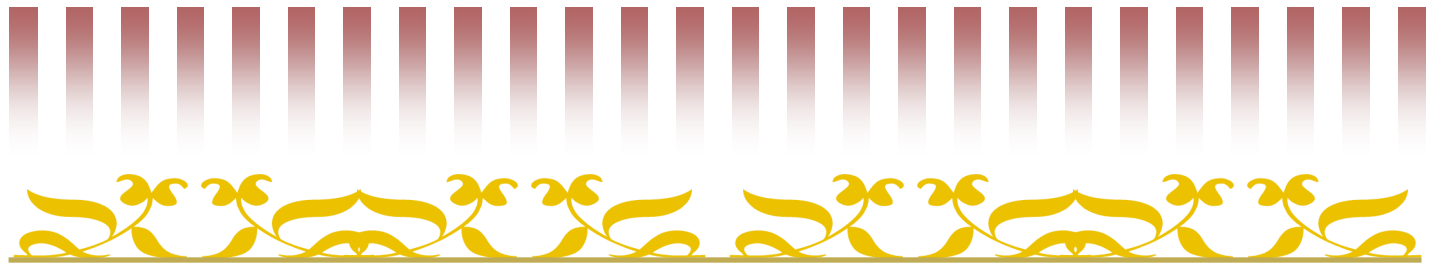
UPCOMING MEETINGS:

ZONTA INTERNATIONAL CONVENTION

VIEWPOINTS ON BY-LAWS & RESOLUTIONS ACCESSIBLE—JUNE 30

VOTING JULY 3— 8

INSTALLATION OF 2020-2022 BOARD JULY 17



HAPPY BIRTHDAY!

June 3 — Dianne Moore; June 10 — Sharon Haas

June 11 — Gertrud Taunton; June 23 — Kathy Marsales

June 26 — Marlene Balsdon & Sylvia Kajiura

June 27 — Karin Eckart

July 3 — Renate Davidson; July 10 — Joan Hutcheson

July 18 — Trish Mongeon

August 17 — Kendra Coats





June 2020 President's Report



Dear Zonta Sisters

I hope that you have been well and are finding ways to stay active in mind and body.

It is hard to believe that we are nearly 3 months into the COVID-19 shutdown in Canada. It has been difficult – we are social beings and having to stay home is just not in our nature.

Meeting for our AGM by video conference was certainly different. I, for one, was hoping to see everyone at our May Dinner meeting. However, protecting others and ourselves has to be top of mind even if it is uncomfortable and boring. By doing so now, fingers crossed, by September we will be able to get back together in person.

The Zonta Talks sessions, hosted by Zonta International, are a great way to connect to our international mission, as well as reading the communications from ZI. District also has some great communications coming out regularly. Both websites have wonderful information and training opportunities. What a great time to learn or hone a skill or learn more about our impact around the world. Staying connected is so important.

The next few months are going to be very different for our club. I want to make sure all members have an opportunity to voice their thoughts on what that will look like. Collectively we have great ideas to remain vibrant and relevant. I would like to invite each of you to join me on a video coffee meeting or phone call to talk about our club – what is working, what is not working and your ideas for moving forward – and just socialize with one another in small groups.

Here are the times:

- June 11 at 10:00 a.m.
- June 11 at 7:00 p.m.
- June 15 at 2:00 p.m.
- June 16 at 10:00 a.m.
- June 17 at 7:00 p.m.

Just click on the link at the appropriate time. <https://ca01web.zoom.us/j/9053901818>

For those who prefer to meet by phone, just call me at 905-648-8783. If I haven't heard from you by June 17th I will be calling you.

I wish you good health and happiness. Lets stay in touch.

Trish

Attached to this Newsletter

- **May ZOOM Dinner Meeting Minutes**
- **June 2020 Roster**



Olga Cloke Bursary Recipient 2020

The winner of the Olga Cloke Bursary from the YWCA is Victoria Charron, who is studying Speech and Language Pathology at McMaster. This award will allow her to minimize the loans she will have to take out (especially at this difficult time during the pandemic where many part-time jobs are no longer available). She is heavily involved in the Hamilton community by volunteering with our Good Beginnings and GirlSpace programs, and most recently started volunteering as support line volunteer with SACHA. Victoria has become an advocate for women's rights and survivors of sexual violence and works to dismantle societal institutions and barriers to create a more equitable community.

The YWCA is thrilled that Victoria is this year's recipient and look forward to finding a safe way to be able to celebrate her and her award. They have reached out to Victoria and are planning on a safe/social distancing way for Victoria to receive her certificate, cheque, and flowers, and also hopefully they will be able to get some photos in order to share and promote through our social media channels. They will share everything once we have more info and are able to share some photos.

The bursary was established by Olga Cloke's family on the occasion of her 75th birthday in 1977. Upon her death in 1994, the YWCA established an endowment fund with contributions from the Cloke family and the Zonta Club of Hamilton 1. Olga is a past President of our Club, past Governor of District 4 and she also held International positions in Zonta.

Olga was also the past chair of the YWCA Building Campaign as well as past District Commissioner of the Hamilton Girl Guide Association. She was great friend of Ellen Fairclough and ran Cloke's in Hamilton for years. She helped establish the Zonta Club of Woodstock in 1960 with Mary Smale who was a great friend of Kathy Kingsmill Marsales's aunt who was also a member of our club in the 1950's and 60's.



Pregnancy in a Pandemic

Salwa, who used to lead our McMaster Golden Z Club, has teamed up with a few obstetric care providers to make an online resource for patients who are pregnant during this pandemic. She would like us to spread the word wherever we can.

YouTube Series link: <https://www.youtube.com/playlist?list=PL7AwsItAP5CeQt0LYDSzEoLlcRwg8dEDr>

Facebook page: Women's Health Education Made Simple—<https://www.facebook.com/WHEMS2020>



Face Masks for the YWCA



Zonta Club of Hamilton 1 Service Committee Chair, Judy Lindsay, initiated making and donating 100 PPE masks to the Hamilton YWCA: 50 of these were made by the Quilters' Guild of which she is a member and the other 50 were made by Judy and fellow Zontian Renate Davidson who provided the material as well as cutting 25 masks, and elastic for the masks. Judy Lindsay, sewed all the masks.

Renate informed her sister-in-law, Maria Lio, a member of the Zonta Club of Oakville, of the need for these masks. Maria, with the help of her mother, and her niece Paige (a recent high school graduate who is going to the U. of Ottawa this fall) proceeded to find the necessary material, do the cutting and sewing of 100 masks. Renate provided the elastic material for these masks. Maria plans to donate 50 masks to the Halton Women's Centre and 50 to the Hamilton YWCA's Transitional Living Program.

This is a great example of how Zontians in Area 2, District 4 have collaborated to provide PPE masks during this Covid 19 Pandemic.





Signal for Help

There's ample evidence that disaster situations can lead to a surge in gender-based violence. Public health directives on home isolation might increase danger and risk for people in abusive relationships. The Signal for Help is a tool that may help some people, some of the time. Some people do not have the ability to make video calls. Please find other resources, services, and programs below that may be helpful in an unsafe situation at home.

The Signal for Help was launched by the Canadian Women's Foundation in response to COVID-19 and is now being shared by partner organizations around the world. If you or someone you know is in immediate danger, call 911 or your local emergency services (police, fire, ambulance).

IF YOU SEE THE SIGNAL

If you see someone use the Signal for Help, check in with the person safely to find out what they need and want you to do. Please refer to their website for more information <https://canadianwomen.org/signal-for-help/>



From the Advocacy Committee

Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca



Date	Event	Details/Location	Contact
Tuesday, June 23	June Social	7:00pm ZOOM Meeting	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Tuesday, July 7	Board Meeting	7:00pm ZOOM Meeting	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Tuesday, September 22	Dinner Meeting	TBD	Renate Davidson 905-627-4083 renbob@sympatico.ca