

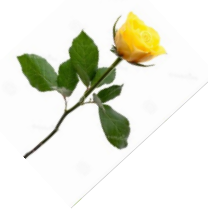


ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL—O—ZONTA

APRIL, 2020

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

KARIN ECKART, EDITOR

Board of Directors 2019—2020

Officers

President	Karin Eckart
Vice-President	Trish Mongeon
Recording Secretary	Kathy Marsales
Treasurer	Maureen Hayman

Directors

First Year	Irene Polidori
	Alice Tyler
Second Year	Lena Marie Neil
	Diane Stogiannes

APRIL 28TH, 2020 MEETING

You are invited to the
Zonta Club of Hamilton 1 Meeting
via Zoom

When:

April 28, 2020 07:00 PM Eastern Time
(US and Canada)

Topic:

Zonta Club of Hamilton 1
Meeting - April 2020

INSIDE THIS ISSUE

April Birthdays	2
Dates to Remember	2
Dues Payment Reminder	2
President's Report	3
Body Brave Update	3
Remembering Anita & Dorothy	4
From the Archives	4
Bingo Schedule	5
Calendar at a Glance	6

Please click the link below

Join the Zoom Meeting

<https://zoom.us/j/93043155130>



APRIL 2020

Dates to Remember

UPCOMING MEETINGS:

MAY DINNER MEETING—AGM
TUESDAY, MAY 26, 2020

HAPPY BIRTHDAY!

April 1 — Nina Ahuja

April 27 — Lena Marie Neil

2020 Dues Payment

Treasurer Maureen has put together an invoice with instructions for the payment of \$210.00 for the 2020-21 dues and it is attached to this mailing. Please pay the dues as soon as possible in order for Maureen to make the payment to Zonta International before the June 1, 2020 deadline. You have a few options for payment:

Pay by ETRANSFER if possible (PASSWORD: 2020DUES) using haymanml@gmail.com

Mail a cheque to 202-980 Golf Links Road, ANCASTER ON , L9K 1J8

Cheques should be made out to Zonta Club of Hamilton 1.

If you have questions please call her at 905 648-3835

Sincerely, Maureen Hayman Treasurer



April 2020 President's Report



Dear Zonta Sisters,

In a recent email from Trish Mongeon, she characterized this time we are living in as “weird”. It made me think of the expression “weird and wonderful”. I was upset with that pairing and I could not name much that was wonderful in April 2020! As a club we were saddened to hear that members Sandra Cronk and Nancy Zilvytis lost their mother, Dorothy Cronk. The news that Anita Isaac had suffered a health emergency worried us and we all tried to support her in whatever way we could. Anita, our ultimate advocate in things medical, seemed to be have been left without support because of Covid-19. Members called Kim Alvarado and Pearl Veenema. Sadly, our dear Anita did succumb but thankfully in the presence of her family. Her wonderful legacy is yet to be fully understood!

Women have been holding up more than their share of the sky in this pandemic. In Canada, Dr. Teresa Tam has been steadfast and sure in explanations and recommendations. In New Zealand, Jacinda Ardern announced that the government officials would take a 20 % pay cut. She also went out of her way to explain to children that the Easter Bunny and Tooth Fairy would still arrive, perhaps a little late and quite certainly at a distance. Angela Merkel, Germany's leader has earned deserved kudos for her strong response to the crisis. Recently she explained the pitfalls of easing the lockdowns with a fabulous explanation of cause and effect. The video has hundreds of views and is praised by many <https://www.upworthy.com/angela-merkel-explains-lockdown-lift-confidence>. So, there is some kind of wonderful to be found. Women are shining, in part because 80% of health-care workers are women and in the US 1 in 3 of the jobs that have been deemed essential are occupied by women.

Women are also suffering. Covid-19 has worsened existing social and economic inequalities, especially for women who are struggling with issues of domestic violence and unpaid labour. Women without shelter are overwhelming places such as the YWCA. At the April board meeting, the board approved a sum of \$500 to be taken from the President's and Emergency Expenses of the 2019-2020 Administration Budget to be sent to the YWCA. Thanks to members have also contributed homemade masks and creams for these women. Thanks also to those of you, who continue to stay in touch with members without email to check with them and update them.

Please remember to send me your annual report synopsis if you are a chair of a committee. Membership fees for 2020-2021 need to be collected and the instructions are included in this newsletter. If you are still in need of things to do, D4 is hosting a webinar on Saturday April 25th and the Zonta International website has learning modules and videos about the important work Zonta does around the world.

So to all of you wonderful women my heartfelt thanks, stay safe and well,
Karin

From the Service Committee

Below is an excerpt from a message Judy Lindsay received from Dr Karen Trollope of Body Brave, one of our Service projects for this year. As you can appreciate COVID-19 has caused extra patient care and has made their program very busy.

"Hope you are keeping well during this strange time! Here at Body Brave, we are busier than ever. Many people with serious eating disorders have been discharged from day hospital programs, because of Covid-19, and they are reaching out to Body Brave instead. Here's an article from the Spec"

<https://www.thespec.com/news/hamilton-region/2020/04/07/covid-19-could-be-life-or-death-for-those-with-eating-disorders.html>



Remembering Anita Isaac and Dorothy Cronk



I will remember Anita as the "Dahlia Queen". Last May I happened to sit with Winston and Anita at the RBG dahlia auction. To my delight pictures of dahlias and her garden quickly appeared. Winston smiled sweetly and said that he preferred the planting of hot peppers. We all loved her! She was a steadfast advocate in all things medical and her concern for and support of women were unfailing. Her remarkable elegance, her shining eyes and her smile are reminders of her inner beauty and strength.



From the Archives



ONTA CLUB of Hamilton

cordially invites you to attend

their

GARDEN TEA

at the home of

MRS. LOUISE HICKS - MRS. MARGARET MARSHALL

122 Water Street East, BURLINGTON

(overlooking Lake Ontario)

on

SATURDAY, JUNE 27th, 1953

Three to Six p.m.

★

Admission
50¢
per person

Homebake Table
White Elephant Booth
Tea Cup Readers
and other attractions

Dorothy Cronk always put a smile on my face when I saw her. She will be missed by her family and friends and our Zonta Club has lost a faithful supporter.

Dorothy was an artist, loved taking art lessons and was happiest when she was on her porch painting a picture. She loved gardening, entertaining, fine food and a good scotch. Dorothy was a fun-loving, classy lady to the end.

Our heartfelt condolences to Nancy and Sandra.

***B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East***

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo starts at 6:45 Friday and Sunday nights**

Friday, May 15, 2020

Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Sandra Cronk
Alice Tyler
Anita Isaac

Sunday, May 24, 2020

Joan Heels
Phyllis Deptuck
Marlene Balsdon
Wayne Balsdon
Renate Davidson

Friday, June 12, 2020

Sandra Cronk
Irene Polidori
Nancy Zilvytis
Sylvia von Ellm
Joan Hutcheson
Alice Tyler

Sunday, June 14, 2020

Phyllis Deptuck
Marlene Balsdon
Wayne Balsdon
Renate Davidson
Karin Eckart

Friday, July 10, 2020

Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Phyllis Deptuck
_____Need 2

Sunday, July 19, 2020

Joan Hutcheson
Phyllis Deptuck
Trish Mongeon
Maureen Hayman
Karin Eckart

Friday, August 7, 2020

Sylvia von Ellm
Joan Hutcheson
Nancy Zilvytis
Phyllis Deptuck
Sandra Cronk
Kathy Kingsmill

Sunday, August 9, 2020

Phyllis Deptuck
Marlene Balsdon
Wayne Balsdon
Maureen Hayman
Karin Eckart

Friday, September 4, 2020

Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Phyllis Deptuck
_____Need 2

Sunday, September 13, 2020

Phyllis Deptuck
Marlene Balsdon
Wayne Balsdon
Joan Heels
Maureen Hayman



Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca

IF YOU CAN HELP OUT AT BINGO

Please contact PHYLLIS DEPTUCK 905-679-1053

or deptuckphyllis@gmail.com

Attached to this Newsletter

- **March ZOOM Dinner Meeting Minutes**
- **Dues Payment Invoice & Instructions**

Date	Event	Details/Location	Contact
POSTPONED	Blues and Bites on the Bayou	6:00-9:00pm Mississippi Queen Restaurant 635 King St E Hamilton, ON	Sandra Cronk 905-524-0188 contactus@zontahamilton1.ca
Tuesday, April 28	Dinner Meeting	7:00pm Via ZOOM	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Tuesday, May 5	Board Meeting	6:00pm ZOOM Meeting	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Friday, May 15	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-679-1053 deptuckphyllis@gmail.com
Sunday, May 24	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-679-1053 deptuckphyllis@gmail.com
Tuesday, May 26	Annual General Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Renate Davidson 905-627-4083 renbob@sympatico.ca
Tuesday, June 2	Board Meeting	6:00pm ZOOM Meeting	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Friday, June 12	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-679-1053 deptuckphyllis@gmail.com
Sunday, June 14	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-679-1053 deptuckphyllis@gmail.com
Tuesday, June 23	Dinner Meeting	TBD	Renate Davidson 905-627-4083 renbob@sympatico.ca