



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL—O—ZONTA
SEPTEMBER 2019

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

KARIN ECKART, EDITOR

Board of Directors 2019—2020

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President	Karin Eckart
Vice-President	Trish Mongeon
Recording Secretary	Kathy Marsales
Treasurer	Maureen Hayman

Directors

First Year	Irene Polidori
	Alice Tyler
Second Year	Lena Marie Neil
	Diane Stogiannes

SEPTEMBER 24TH DINNER MEETING

**DINNER IS AT 6:00 P.M. SHARP IN THE
CONTINENTAL EXPRESS
AT LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND,
OR IF YOU ARE BRINGING A GUEST,
PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR
enewman6@bell.net**

**LIZ SHOULD ALSO KNOW WHO IS PAYING FOR A
GUEST'S DINNER**

**YOU WILL BE BILLED \$35 FOR YOUR DINNER
IF YOU HAVE NOT CONTACTED LIZ BY
THURSDAY, SEPTEMBER 19TH, 2019**

**STEPHANIE HATZIFILALITHIS, PHD CANDIDATE
DEPARTMENT OF HEALTH, AGING AND SOCIETY
MCMASTER UNIVERSITY**

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Dates to Remember

UPCOMING MEETINGS:

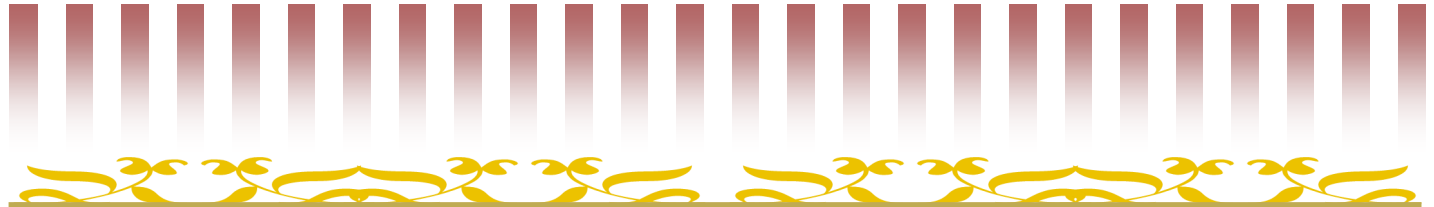
SEPTEMBER DINNER MEETING
TUESDAY, SEPTEMBER 24, 2019

OCTOBER DINNER MEETING
TUESDAY, OCTOBER 22, 2019

OTHER DATES TO NOTE:

D4 CONFERENCE
BUFFALO, NEW YORK
SEPTEMBER 27-29, 2019

BIRTHING KIT ASSEMBLY DAY
OCTOBER 5, 2019



HAPPY BIRTHDAY!

September 5 — Debbie Field; September 9 — Irene Polidori

September 22 — Sandra Cronk;

September 27 — Diane Stogiannes



September Dinner Meeting

Our September meeting will focus on Intergenerational Programs which increase wellness for seniors and young people. Our speaker will be Stephanie Hatzifilalithis, a PhD Candidate in the Department of Health, Aging and Society at McMaster University. Stephanie is also the Co-lead of two intergenerational projects at McMaster University, Seniors of Canada: a photo-story project that aims to break down ageist stereotypes and Symbiosis: an Intergenerational co-housing project.



September 2019 President's Report



Dear Zonta Sisters,

Since I have spent my career in education, I always view September as a beginning, albeit without champagne! At the club level we are in the process of creating committees and a plan to make our club vibrant and visible in our community.

On Friday August 23rd I had a very positive meeting with the YWCA, specifically with Denise Christopherson and Sarah Ernest, regarding the Olga Cloke Bursary. In our discussion I also indicated the YWPA Award does not get the publicity it deserves. The YWCA is now going to present the Cloke Bursary at the Totally Awesome Young Women's Breakfast (TAYWB) in May. About 500 girls from Hamilton High Schools are invited and attend this and the YW does all the publicity and organizing around the event. It is intended that the applications for the Cloke and the YWPA be sent out with the info for the TAYWB. Our club will also be invited to the breakfast to present the Olga Cloke Award.

D4 Foundation Ambassadors Kathy Smith and Lori Robinson sent a note to thank us for the contributions our club has made to the Zonta International Foundation. Our treasurer, Maureen Hayman submitted \$2890 to Zonta International — \$2000 for International Service Fund, \$300 for Amelia Earhart Fellowship Fund, \$500 for ZISVAW Fund and an additional \$90 to the ZISVAW Fund in honour of St. Catharines Club's 90th Anniversary.

I am looking forward to the District Conference in Buffalo, especially since our club nomination of Dr. Beverly Jacobs for the Canadian Zonta Centennial Award produced the winner! She will attend the conference in Buffalo on Saturday September 28th to receive the certificate from Zonta International. I hope our club will also be able to honour her appropriately later, perhaps at the December 10th meeting - which also happens to be "Human Rights Day".

Preparations for Birthing Kit Assembly Day are well underway. Renate Davidson reports that there are 45 volunteers registered!!! Wow!

Committee members are still being confirmed. So far Dianne Moore would like to concentrate on Awards with Kathy Kingsmill Marsales; Judy Lindsay will stay on as Service Committee Chair and Alice Tyler will join this committee. We also need a few other volunteers to help Liz Newman at the door at dinner meetings. Please let me know where you can help out and/or if you would like a change. It has also been suggested that the Fellowship and Membership Committees merge—our numbers are down.

Recruitment is everyone's role in Zonta. As a recruiter it is your job to match the potential member's need to the solution that Zonta can deliver. Be prepared with possible questions you can ask to "understand" how you can best match the individual's desires and needs with your Zonta club experience. Walk the prospective member up the path: Give them an experience such as volunteering to assemble clean birth kits; attending a dinner meeting or Lunafest, understand their needs and show them how Zonta can fulfil their needs and how in turn they can help women and girls in the world.

Yours in Zonta,

Karin

Empowering Women Through Service and Advocacy



Advocacy Committee

Thank you members and to our community for donating over 300 bras to Free the Girls! They have been shipped. For now our district has decided to suspend this district project due to Canadian shipping complications. We will be focusing on The Purse Project this Fall.

In preparation please gather up any toiletries for hygiene kits or The Purse Project. We look forward to accepting your items this September and October. The Purse Project needs new or gently used medium to large purses, socks, mitts and hats. Knitters and crocheters please consider making scarves and hats. Our hygiene kits and the Purse Project help women in our community who need assistance with the basics of life. At this time we have about 60 empty purses. At our September meeting I will be introducing an easy way for us to gather items to fill the purses. The cost will be around \$10 if you decide to help out. If you will miss the September meeting and want to help let Sharon Haas know. We will need the items to be donated by October dinner meeting.



Mission Services has reached out to us for support in selling their new purple scarves and ties. We will be taking orders at the September dinner meeting. If you won't be there and want to purchase something drop Sharon Haas an email haasssharon1@gmail.com



Please make a special note in your calendar of Tuesday, November 26. We will be starting off our dinner meeting at Hamilton City Hall, where our Zonta Says No Banner to Violence Against Women will be displayed with the Hamilton sign in orange. For dinner we will be at the YWCA 'At the Table'. Please plan to join us to participate in the 16 Days of Activism.

Fundraising

A few simple fundraising initiatives to keep in mind:

- ◇ Marlene Balsdon will have lots of new books for sale at the September meeting. Bring along the books you no longer want, so we can sell them and you can buy new reading material. Novels and murder mysteries seem to be the popular ones.
- ◇ Trish Mongeon will have Lunafest tickets for October 27th available. The poster is attached to this mailing.
- ◇ Reusable products to replace plastics are also available. Information as to the products and pricing is attached to this mailing.
- ◇ Socks for \$18 will be available at and after the District 4 Conference in Buffalo.



B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo starts at 6:45 Friday and Sunday nights**

Friday, October 4th, 2019

Sandra Cronk
Irene Polidori
Nancy Zilvytis
Phyllis Deptuck

_____Need 2

Sunday, October 13th, 2019

Marlene Balsdon
Wayne Balsdon
Jelaine Foster
Phyllis Deptuck

_____Need 1

Friday, November 1, 2019

Trish Mongeon
Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Karen Dawson
Sandra Cronk

Sunday, November 3rd, 2019

Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck
Jelaine Foster

_____Need 1

Friday, November 29th, 2019

Sandra Cronk
Irene Polidori
Nancy Zilvytis
Sylvia von Ellm
Karen Dawson
Anita Isaac

Sunday, December 8th, 2019

Marlene Balsdon
Wayne Balsdon
Jelaine Foster
Phyllis Deptuck

_____Need 1

Friday, December 27, 2019

Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Sandra Cronk
Anita Isaac

_____Need 1

Sunday, December 29th, 2019

Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck

_____Need 2



IF YOU CAN HELP OUT AT BINGO

Please contact **PHYLLIS DEPTUCK** [905-387-1485](tel:905-387-1485)

Attached to this Newsletter

- **May Dinner Meeting Minutes**
- **Lunafest Poster for October 27, 2019**
- **Reusable Products Poster**
- **Sock Choice List**

Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca

Date	Event	Details/Location	Contact
Tuesday, September 24	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
September 27-29	District 4 Conference	HYATT REGENCY BUFFALO / HO- TEL AND CONFERENCE CENTER, 2 FOUNTAIN PLAZA, BUFFALO, NY 14202, USA	https://zontadistrict4.org/district- events/d4-conference-event-page/
Tuesday, October 1	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Karin Eckart 905-527-2957 kareck@gmail.com
Friday, October 4	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Saturday, October 5	Birthing Kit Assembly Day	Chedoke Presbyterian Church 865 Mohawk Rd W, Hamilton, ON L9C 7B9 \	Karen Dawson 905-679-9132 karenmdawson@gmail.com
Sunday, October 13	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, October 22	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Sunday, October 27	Lunafest @ 2pm	Playhouse Cinema 177 Sherman Ave N, Hamilton L8L 6M8	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Friday, November 1	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, November 3	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, November 5	Board Meeting	TBD	Karin Eckart 905-527-2957 kareck@gmail.com
Tuesday, November 26	Dinner Meeting	YWCA At the Table Café 75 MacNab St S, Hamilton, ON L8P 3C1	Sharon Haas 905-664-7175 haassharon1@gmail.com
Friday, November 29	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, December 8	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca