



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL—O—ZONTA
OCTOBER 2019

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

KARIN ECKART, EDITOR

Board of Directors 2019—2020

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OCTOBER 22ND DINNER MEETING

**DINNER IS AT 6:00 P.M. SHARP IN THE
EXECUTIVE BOARD ROOM
SECOND FLOOR
AT LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND,
OR IF YOU ARE BRINGING A GUEST,
PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR
enewman6@bell.net**

**LIZ SHOULD ALSO KNOW WHO IS PAYING FOR A
GUEST'S DINNER**

**YOU WILL BE BILLED \$35 FOR YOUR DINNER
IF YOU HAVE NOT CONTACTED LIZ BY
THURSDAY, OCTOBER 17TH, 2019**

Jessica Brand

ASSOCIATE PROGRAM DIRECTOR AT INDWELL

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Dates to Remember

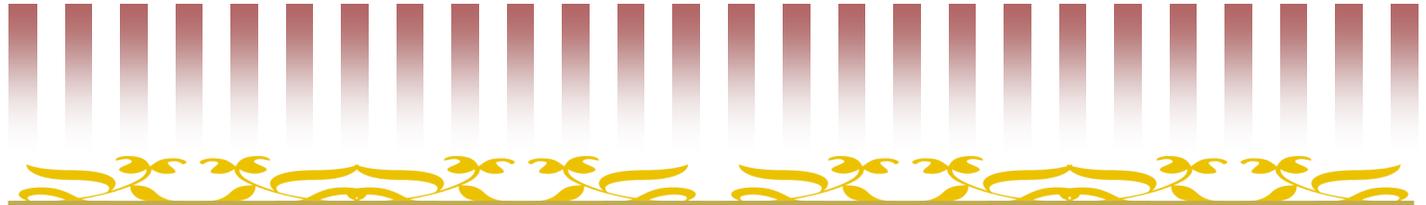
UPCOMING MEETINGS:

OCTOBER DINNER MEETING
TUESDAY, OCTOBER 22, 2019

NOVEMBER DINNER MEETING
TUESDAY, NOVEMBER 26, 2019
YWCA, AT THE TABLE

OTHER DATES TO NOTE:

100TH BIRTHDAY
ZONTA INTERNATIONAL
FRIDAY NOVEMBER 8



HAPPY BIRTHDAY!

**October 17 — Alina Zilvytis; October 23 — Nancy Zilvytis;
October 25 — Joan Heels**



October Dinner Meeting

Our speaker is Jessica Brand, Associate Program Director at Indwell, a Hamilton-based Christian charity that creates affordable and supportive housing communities. Indwell currently has 7 housing projects established, 3 being built and other plans in development in Hamilton. They also offer affordable housing in Woodstock, Simcoe, London, and Port Credit. Read more about them at www.Indwell.ca
Bring collected items for the Purse Project.



October 2019 President's Report



In Canada, we are marking Thanksgiving this weekend. My life is full of wonder, I have challenges but I am grateful for the daily joys of living, which include my Zonta work and you, my Zonta Sisters!

The District 4 Conference in Buffalo was a great event and I was honoured to accept the award for the McMaster Golden Z club. Their thank-you letter is attached. It was also a pleasure to finally meet Dr. Beverly Jacobs and listening to her speak was sobering and thought-provoking. I intend to use what I have learned and become a strong ally, holding all government accountable to act on the calls for justice. Finally it was also a lot of fun to connect and socialize with fellow Zonta members from the district but also enjoy more time with members of our club.

Intercity events are bunching up around the 100th birthday of Zonta International on November 8th. The Lockport Club is hosting a wine-tasting on October 25th; the Zonta Club of St. Catharines is hosting a Trivia Night on November 1st; and on November 8th, the Buffalo Club is hosting a Cocktail Celebration "Where it all began...", and the Zonta Club of Oakville is having a Dance Party at the Noble Hall, and finally on November 9th and 10th, the Zonta Club of Batavia-Genesee has the Zonta Holiday Festival. Please see Alina Zilvytis for more details or check the District 4 website <https://zontadistrict4.org/district-events/area-events-2/>

Our club members have been busy organizing the Birthing Kit and Hygiene Kit assembly, which both took place on October 5th. We had lots of great volunteers and 1129 birthing kits were assembled, as well as 153 hygiene kits. Our fundraising efforts continue and buying cotton bags and socks and attending Lunafest will help us to continue to support worthwhile initiatives for women and girls in Hamilton. I was delighted to be invited to the 5th Anniversary of the Peter Boris Clinic on October 3rd. There I heard Krista Petrauskas speak about the Womankind Yogafit program. She was very well-spoken and genuinely grateful for the support of the Zonta Club of Hamilton 1 of the Womankind program.

Finally, in planning for the December 10th meeting, I am looking for suggestions of entertainment. If you have any leads or contacts, please let me know. It will be hard to compete with the Hamilton Police Female Choir's performance from last year!

Yours in Zonta,
Karin

Empowering Women Through Service and Advocacy



Zonta Hamilton 1 members at the D4 Conference in Buffalo
September 28, 2019

- l-r
- Karin Eckart
- Sylvia von Ellm
- Sandra Cronk
- Karen Dawson
- Trish Mongeon
- Alice Tyler
- Debbie Field



Advocacy Committee

We are partnering with the Purse Project. Under the **Bingo Schedule** is the info from the Purse Project Facebook page. Please note the following

Campaign dates are October 15 to November 15. That means you need to get donations to me at the October dinner meeting or by November 1. Please note our committee will accept filled or non-filled purses and contents for the purses which we will assemble.

Here is how you can help:

Donations: Please review the suggested contents if you are going to donate a filled purse. If you donate a new or gently used purse, please ensure it is large enough so we can fill it with donated items. If you prefer to donate items to fill purses, please donate small toiletries under 450 ml, scarves mitts, hats and socks. Please bring these to the October meeting or get to me by Nov 1. Although the Purse Project is asking for only filled purses our committee is willing to take purses and individual items and assemble them. We will work with Gertrud to share resources for hygiene kits.

Hands-on: If you are interested in picking up donations or delivering donations please let me know asap what interests you and time preferences. November 11 from 10 am until we are done, we will be organizing and stuffing purses. Contact me if you can come that day. If you are interested in accepting donations at your home also reach out to me asap.

Exposure: We will be sharing on our website and Facebook. Please get the word out.

Thank you
Sharon Haas and the Advocacy Committee

PS. Please plan to join us at City Hall November 26 to assemble in front of our banner and then to have dinner at the YWCA followed by our meeting

From the Archives

With Zonta International celebrating 100 years, I thought it would be fun and interesting to look back at our Club's history:

In 1976:

- our club went from 2 meetings a month to one. It combined the program and the business meeting into one.
- In October 1976, our club welcomed the newest member – Joyce Mongeon (Mrs. Marcel). Her classification was Recreation – Theatre. She was the Managing Director of J. Dydzak Enterprises.
- Joyce Mongeon is the mother-in-law of Trish Mongeon.
- In 1976, members were identified as either Mrs. or Miss.

In 1991:

- Phyllis Deptuck was the President of our Club.
- Board Members included Irene Polidori, Sandra Cronk and Judy Lindsay.
- The club raised \$43,000.00. \$42,000.00 of that was from Bingo.
- On January 22, 1991 the Discovery space shuttle was launched with our Honorary Member, Dr. Roberta Bondar on board. She was the first Canadian woman in space.
- Ellen Fairclough was the second recipient of the Hamilton and District Multicultural Council's Humanitarian Merit Award in October.



Kathy Kingsmill Marsales
Historian



Fundraising 2019



We have STUFF for sale!

We have an array of green products:

- Reusable produce bags both inexpensive and high end (organic, unbleached cotton made in socially responsible certified factories)
- Reusable insulated lunch bags
- Bulk bags of 100% unbleached cotton
- Bread bags
- String market bags

We also have Female Empowerment **socks** that make great gifts or stocking stuffers. Seven different designs and slogans for \$18 per pair including tax.

Please see the attached flyers for pricing. We can make a deal for purchases of multiple items. Proceeds go to General Service- which includes birthing kits, donations to Zonta International, and other local initiatives to help women and girls.

Lunafest 2019

What are you doing Sunday, October 27th at 2:00 p.m.?

Come out to Lunafest 2019

Support women's mental health in our community.

Playhouse Cinema

177 Sherman Avenue North,
Hamilton

1:15pm Doors Open 2:00pm Screening

\$20 per ticket

(Admission and Door Prizes)

\$10 for students

50/50 Draw and Basket Raffle

<https://zontahamilton1.ca/lunafest-2019/>

Contact Trish Mongeon for tickets

905-921-6868



December 10th Meeting



**Back by popular demand
our Wine Raffle and Bake Sale**

Please bring a bottle or two of wine or liquor (or other adult beverages) to either our November or December meeting.

We are also be looking for homemade goodies and donations for a small silent auction or sale table.



We will post guidelines in next month's Tel-O-Zonta.



Hygiene Kit Assembly



For more than 30 years, the Zonta Club of Hamilton 1 has been collecting toiletries for hygiene kits which are distributed annually to women's shelters in our community.

This year, the Hamilton Hawks Midget B Girls Hockey Team members volunteered their Saturday morning on October 5, 2019 to assemble the kits at the home of Gertrud Taunton, assisted by Zonta members, Nancy Hume-Meletti, Renate Davidson and Gertrud Taunton. 153 kits were assembled in record time and have been distributed to Inasmuch House, the Native Women's Centre and Carole Anne's Place at the YWCA.

Our sincere thanks to all the Zonta members who continue to collect hygiene products for this service project and a special thanks to the Hamilton Hawks Midget B Girls Hockey Team who took time from their busy schedule to volunteer for this project.

Gertrud Taunton, Chair, Hygiene Kits Project



Attached to this Newsletter

- **September Dinner Meeting Minutes**
- **Committee Lists 2019-2020**
- **McMaster Golden Z Thank You Letter**
- **Reusable Products Poster**
- **Sock Choice List**
- **Women 4 Change Invitation**



B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo starts at 6:45 Friday and Sunday nights**

Friday, November 1, 2019

Anita Isaac
Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Karen Dawson
Sandra Cronk

Sunday, November 3rd, 2019

Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck
Jelaine Foster
Joan Heels

Friday, November 29th, 2019

Sandra Cronk
Irene Polidori
Nancy Zilvytis
Sylvia von Ellm
Karen Dawson
Trish Mongeon

Sunday, December 8th, 2019

Irene Polidori
Nancy Hume-Meletti
Jelaine Foster
Phyllis Deptuck
Maureen Hayman

Friday, December 27, 2019

Sylvia von Ellm
Irene Polidori
Nancy Zilvytis
Sandra Cronk
Anita Isaac
Jelaine Foster

Sunday, December 29th, 2019

Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck
Jelaine Foster
Maureen Hayman



Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca

IF YOU CAN HELP OUT AT BINGO

Please contact **PHYLLIS DEPTUCK** [905-387-1485](tel:905-387-1485)

www.facebook.com/ThePurseProjectHamilton

**The Purse Project
~HAMILTON~**

**2019 Campaign
October 15th - November 15th**

DROP OFF LOCATIONS:

Aftica Decor - Benjamin Moore

(THREE LOCATIONS)

54 Wilson St W Ancaster (fortinos plaza)

438 Mohawk Rd W Hamilton (at Garth)

754 Queenston Rd Hamilton

(East side Mario's plaza)

ONLY FILLED PURSES

WILL BE ACCEPTED FOR 2019 CAMPAIGN

Fill a PURSE with LOVE and a women's heart with HOPE



The Purse Project HAMILTON

facebook.com/thepurseprojectHamilton

**2019 CAMPAIGN DATES:
OCTOBER 15TH - NOVEMBER 15TH**

Choose from this list to FILL a NEW or GENTLY used purse...

- Toothbrush/Toothpaste
- Dental Floss
- Purse sized packets of Tampons/Pads
- Shampoo/Conditioner
- Bar of Soap/Body Wash
- Deodorant
- Facial Cleanser/Moisturizer
- Hand & Body Lotion
- Nail Polish
- Hair Brush
- Socks
- Mitts & Gloves
- Scarf & Winter Hat
- Notebook/Journal
- Pen
- Coffee Gift Card
- Wallet
- Gum & Mints
- Snacks/Protein Bars
- Mascara
- Lip Gloss/Lip Balm

**** ONLY FILLED PURSES WILL BE ACCEPTED ****

Please note the following UPDATED guidelines when FILLING your NEW OR VERY GENTLY used Purse...

- Purse MUST BE large enough to hold many of the products listed above
- NO EVENING BAGS, overnight bags, backpacks, OR EMPTY PURSES
- Regular size toiletries are to be NO LARGER THAN 16oz (450ml)
- Travel size & Hotel Toiletries are accepted
- Remove ALL PRICE STICKERS & ensure purse is CLEAN inside & out
- NO glass jars, bottles, lighters or Candles
- NO mouthwash, nail polish remover or hand Sanitizer
- NO samples from MAILERS PLEASE
- NO medications, essential oils or homemade lotions or creams
- NO hand sanitizer, mouthwash, razors, paperback books (new or used)
- ALL ITEMS MUST BE NEW - PLEASE NO USED PRODUCTS

Fill a purse with LOVE and a woman's heart with HOPE



Date	Event	Details/Location	Contact
Tuesday, October 22	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Sunday, October 27	Lunafest @ 2pm	Playhouse Cinema 177 Sherman Ave N, Hamilton L8L 6M8	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Friday, November 1	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, November 3	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, November 5	Board Meeting	Fortinos 65 Mall Rd, Hamilton, ON L8V 5B5	Karin Eckart 905-527-2957 kareck@gmail.com
November 8	Happy 100th Birthday	Zonta International!	Celebrate it!
Tuesday, November 26	Dinner Meeting	YWCA At the Table Café 75 MacNab St S, Hamilton, ON L8P 3C1	Sharon Haas 905-664-7175 haassharon1@gmail.com
Friday, November 29	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, December 3	Board Meeting	ZOOM Meeting	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com
Sunday, December 8	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, December 10	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Friday, December 27	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, December 29	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, January 7	Board Meeting	ZOOM Meeting	Trish Mongeon 905-648-8783 trish@mongeonconsulting.com

