



# ZONTA

CLUB OF  
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL  
**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY



**TEL—O—ZONTA**  
**SEPTEMBER 2018**

***MAILING ADDRESS:***

PO Box 89034  
WESTDALE SHOPPERS DRUG MART  
HAMILTON, ON L8S 4R5

**KARIN ECKART, EDITOR**

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***TUESDAY, SEPTEMBER 25TH, DINNER MEETING***

**DINNER IS AT 6:00 P.M. SHARP IN THE  
KING GEORGE NORTH  
AT LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND,  
OR IF YOU ARE BRINGING A GUEST,  
PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR  
enewman6@bell.net**

**LIZ SHOULD ALSO KNOW WHO IS PAYING FOR A  
GUEST'S DINNER**

**YOU WILL BE BILLED \$35 FOR YOUR DINNER  
IF YOU HAVE NOT CONTACTED LIZ BY  
THURSDAY, SEPTEMBER 20TH, 2018.**

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**Zonta International  
64th Convention Report**



## *Dates to Remember*

### UPCOMING MEETINGS:

*OCTOBER DINNER MEETING*  
TUESDAY, OCTOBER 23RD, 2018

*NOVEMBER DINNER MEETING*  
TUESDAY, NOVEMBER 27TH, 2018

*DECEMBER SOCIAL*  
TUESDAY, DECEMBER 11TH, 2018

### OTHER DATES TO NOTE:

*LUNAFEST*  
NOVEMBER 16TH, 2018

*16 DAYS OF ACTIVISM*  
NOVEMBER 25TH TO DECEMBER 10TH, 2018



## HAPPY BIRTHDAY!

**September 5 — Debbie Field; September 9 — Irene Polidori**  
**September 22 — Sandra Cronk; September 27 — Diane Stogiannes**  
**September 28 — Judy Ambrose**



Sandra Cronk, Nancy Zilvytis and Renate Davidson, as well as Sandy, a close friend of Margaret Black, helped to celebrate former Zonta member Sheila Forbes' birthday on August 20. Sheila now resides at Extendicare on 90 Chedmac Drive in Hamilton.





## *September 2018 President's Report*

It is hard to believe that summer is almost at an end, but I am still enjoying the sun, the tasty fruit and vegetables that are so plentiful right now, and I hope you are too!

Zonta activities have continued through the summer, beginning with a busy and inspirational International Convention in Yokohama. Alina Zilvytis, Sandra Cronk and I represented our club and we worked hard during the business sessions and enjoyed meeting Zontians from around the world. On our travels through Japan there was a much to see and appreciate. In preparation for our presentation on the 64th Convention, I am attaching our written report. In addition, we have prepared a PowerPoint presentation for the meeting and hopefully you will experience a bit of the excitement of the convention and live vicariously through our adventure of Japan.

Kathy Kingsmill-Marsales once again hosted a Potluck at her cottage in Cedar Springs on August 15<sup>th</sup>. About 20 people attended and enjoyed the food and conversation in a very relaxed setting. Last Saturday under the guidance of Karen Dawson the Birthing Kit Committee Chair, about 35 people - our members and their friends, children and even a grandchild helped to assemble 996 birthing kits at Chedoke Presbyterian Church. Thank-you to members who contributed time, money and food for the lunch.



The date for our Lunafest has been moved (twice) but it is now firmly in place for **Friday, November 16<sup>th</sup>** at the Zoetic Theatre on Concession Street. We would love to have at least 150 people attend. Tickets and flyers will be available at our September meeting.

District 4 is working on activities to mark Zonta's Centennial Anniversary in 2019. Past Governor Lori Robinson sourced white pashminas for D.4 members who attended the Convention. The pashminas have the District 4 logo and the new Centennial logo on them. Lori has agreed to order more - they are \$25 and there will be a sign-up sheet at the meeting in September or you can email me if you are interested in purchasing one. There are also new initiatives that Zonta International has planned to mark 100 years and to promote the great work that is done by Zontians around the world.

ZI President Susanne von Bassewitz has outlined her plan to make Zonta stronger. For her, collaboration with like-minded people and organizations is key to growing Zonta's membership and effectiveness. In keeping with this goal, Renate Davidson and I met with Sheree Meredith from Women4Change and included in this newsletter is an invitation to our members to attend a workshop on advocacy hosted by W4C on October 1. There are also 8 members attending the Mental Health Morning in support of St. Joseph's Healthcare Hamilton.

The quote I end with, is one that ZI Past President Sonja Hönig Schough used in Yokohama to begin her remarks. As committed Zonta members we know and we are willing to focus our efforts on improving the lives of girls and women!

*Knowing is not enough; we must apply. Willing is not enough; we must do.*  
Johann Wolfgang von Goethe

Yours in Zonta,

*Karin*

Empowering Women Through Service and Advocacy





*Walk A Mile In Her Shoes*



# June 19

## Hamilton City Hall

Every 6 days  
a woman is  
killed by her  
partner



**Our Zonta team raised \$715  
at the “Walk a Mile in Her Shoes”  
event in June 2018!!**



## Looking Forward

### September Dinner Meeting

The September Dinner Meeting will take place in **King George North** which is easily accessed from the lower parking lot at **Liuna Station** via **John Street**. There will be a few guests at the meeting and I know that you will welcome them warmly.

### Committee Lists 2018-19

The Committee Lists for 2018-19 are attached to this mailing. Thank-you to members who have stepped into vacancies and are willing to try new committees.

Judy Lindsay has agreed to chair the Service Committee for 1 year and Kathy Kingsmill-Marsales will assist as vice-chair.

The Golf Committee is still in need of a chair.

Sandra Cronk will update the members on the results of this year’s tournament at the September meeting.

Dianne Moore has stepped up to the chair of the Awards committee.

Thanks to all of the members who have indicated their preferences for committee involvement.



Women 4 Change is a Hamilton Community Foundation initiative focused on building women’s capacity as philanthropists while improving the lives of girls and women in Hamilton.

### Everyday Advocacy: “So I care about something—how can I get things to change?”

Sheila Sammon, Director, Community Engagement, McMaster University and W4C contributor will help us explore the spectrum of activities that constitute “Advocacy” and how to find the place that is right for you. We look forward to a lively discussion on an important area.

DATE: Monday, October 1, 2018  
TIME: 6:30—8:30 p.m.  
LOCATION: McMaster University, Centre for Continuing Education, 1 James Street North, Room 206.

Please RSVP [online](#) by September 20, 2018

Please let us know if you would like to invite a guest. We are also extending an invitation to other groups and individuals.

An initiative of HAMILTON COMMUNITY FOUNDATION

The date for Lunafest is **November 16, 2018** at The Zoetic.

The ticket price is \$20. We would like to sell 150 tickets.

There will also be a basket raffle.

**Invite friends and share via social media.**





***B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East***

**Note: We have to be there no later than 5 p.m. to count cards.  
Bingo starts at 6:45 Friday and Sunday nights**

**Sunday, September 16th, 2018**

Karin Eckart  
Marlene Balsdon  
Wayne Balsdon  
Kathy Kingsmill-Marsales  
Phyllis Deptuck

**Friday, October 5th, 2018**

Trish Mongeon  
Nancy Zilvytis  
Sandra Cronk  
Sylvia von Ellm  
Nancy Hume-Meletti  
Karen Dawson

**Friday, November 2nd, 2018**

Mike Sinclair  
Anita Isaac  
Sandra Cronk  
Sylvia von Ellm  
Irene Polidori

**Sunday, November 11th, 2018**

Joan Heels  
Marlene Balsdon  
Wayne Balsdon  
Jelaine Foster  
Phyllis Deptuck

**Friday, November 30th, 2018**

Trish Mongeon  
Irene Polidori  
Judy Lindsay  
Sandra Cronk  
Karen Dawson  
Sylvia von Ellm

**Sunday, December 2nd, 2018**

Diane Stogiannes  
Jelaine Foster  
Maureen Hayman  
Marlene Balsdon  
Wayne Balsdon  
Nancy Zilvytis

**Friday, December 28th, 2018**

Karen Dawson  
Anita Isaac  
Sandra Cronk  
Sylvia von Ellm  
Irene Polidori  
Nancy Zilvytis

**Sunday, January 6th, 2019**

Renate Davidson  
Marlene Balsdon  
Wayne Balsdon  
Nancy Zilvytis  
Phyllis Deptuck

**Friday, January 25th, 2019**

Jackie Dove  
Irene Polidori  
Sandra Cronk  
Karen Dawson  
Sylvia von Ellm  
Phyllis Deptuck

**Sunday, January 27th, 2019**

Diane Stogiannes  
Jelaine Foster  
Maureen Hayman  
Marlene Balsdon  
Wayne Balsdon  
Nancy Zilvytis



**IF YOU CAN HELP OUT AT BINGO**

Please contact **PHYLLIS DEPTUCK** [905-387-1485](tel:905-387-1485)  
Spare—Sheila Creighton

Zonta International:

[www.zonta.org](http://www.zonta.org)

District 4 Website:

[www.zontadistrict4.org](http://www.zontadistrict4.org)

Zonta Club of Hamilton 1:

[www.zontahamilton1.ca](http://www.zontahamilton1.ca)

For information, please email:

[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)

**Attached to this Newsletter**

- **May Dinner Meeting Minutes**
- **Committee List 2018-2019**
- **64th Zonta International Convention Report**

<b>Date</b>	<b>Event</b>	<b>Details/Location</b>	<b>Contact</b>
Tuesday, September 25	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 <a href="mailto:enewman6@bell.net">enewman6@bell.net</a>
Tuesday, October 2	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Karin Eckart 905-527-2957 <a href="mailto:kareck@gmail.com">kareck@gmail.com</a>
Friday, October 5	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 <a href="mailto:phyllis.deptuck@sympatico.ca">phyllis.deptuck@sympatico.ca</a>
Tuesday, October 23	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 <a href="mailto:enewman6@bell.net">enewman6@bell.net</a>
Friday, November 2	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 <a href="mailto:phyllis.deptuck@sympatico.ca">phyllis.deptuck@sympatico.ca</a>
Tuesday, November 6	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Karin Eckart 905-527-2957 <a href="mailto:kareck@gmail.com">kareck@gmail.com</a>
Sunday, November 11	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 <a href="mailto:phyllis.deptuck@sympatico.ca">phyllis.deptuck@sympatico.ca</a>
Friday, November 16	Lunafest	The Zoetic	Trish Mongeon 905-390-1818 <a href="mailto:trish@mongeonconsulting.com">trish@mongeonconsulting.com</a>
Tuesday, November 27	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 <a href="mailto:enewman6@bell.net">enewman6@bell.net</a>
Friday, November 30	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 <a href="mailto:phyllis.deptuck@sympatico.ca">phyllis.deptuck@sympatico.ca</a>
Sunday, December 2	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 <a href="mailto:phyllis.deptuck@sympatico.ca">phyllis.deptuck@sympatico.ca</a>
Tuesday, December 4	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Karin Eckart 905-527-2957 <a href="mailto:kareck@gmail.com">kareck@gmail.com</a>
Tuesday, December 11	Christmas Social	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 <a href="mailto:enewman6@bell.net">enewman6@bell.net</a>