



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL—O—ZONTA
MAY 2018

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

RENATE DAVIDSON, PRESIDENT

KARIN ECKART, EDITOR

Board of Directors 2017—2018

Officers

President
Vice-President
Recording Secretary
Treasurer

Renate Davidson
Karin Eckart
Kathy Marsales
Sylvia von Ellm

First Year

Second Year

Directors

M Joan Hutcheson
Julie Kostal
Sheila Creighton
Karen Dawson

TUESDAY, MAY 22ND, DINNER MEETING REMINDERS

**DINNER IS AT 6:00 P.M. SHARP IN THE
CONTINENTAL EXPRESS
AT LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND,
OR IF YOU ARE BRINGING A GUEST,
PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR
enewman6@bell.net**

**LIZ SHOULD ALSO KNOW WHO IS PAYING FOR A
GUEST'S DINNER**

**YOU WILL BE BILLED \$35 FOR YOUR DINNER
IF YOU HAVE NOT CONTACTED LIZ BY
THURSDAY, MAY 17TH, 2018.**

Annual General Meeting

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Dates to Remember

UPCOMING MEETINGS:

MAY DINNER MEETING
ANNUAL GENERAL MEETING
TUESDAY, MAY 22ND, 2018

JUNE DINNER MEETING
TUESDAY, JUNE 26TH, 2018

OTHER DATES TO NOTE:

21ST ZONTA CLASSIC GOLF TOURNAMENT
JUNE 13TH, 2018

WALK A MILE IN HER SHOES
JUNE 19TH, 2018

LUNAFEST
SEPTEMBER 28TH, 2018

HAPPY BIRTHDAY!

May 4th—Margaret Good; May 11th—Denise O'Connor

Looking Forward

The Committee lists from 2017-18 are attached to this mailing. Please let Karin Eckart kareck@gmail.com know if you would like to change from one committee to another. If I do not hear from you I will assume that you are willing to continue on the committees you are currently on. Three committees need new leaders: Golf Service; Awards.

The Golf Committee and Fundraising is in need of a new chair. Sandra Cronk does not mind helping but **21** years on one committee is “sheroic”! Sandra would like to bring the history and archives up to date, including at the library and on the website.

The Service Committee is also in need of a new chair. Kathy Kingsmill Marsales is concentrating on her role as Secretary.

The Golden Z Club Committee is also looking for a member to keep up with the energetic members of the club at McMaster and helping to perhaps start a club at Mohawk College.



May 2018 President's Report



This is my last report for the Tel-O-Zonta as your president and I cannot believe how quickly the time has passed. We can all be proud of our accomplishments that included numerous events of celebration, among them the Fran Colter Bursary Reception, the completion of our pledge to the CIBC Breast Assessment Centre, our Golf Tournaments, and most recently our 90th Anniversary luncheon.

We have also had times of worry and sorrow as some of our members dealt with health challenges. These past few months we mourned the deaths of Margaret Black and of Lillian Orban. Margaret and Lillian were highly-respected members of this community and as our Zonta sisters had a significant impact on our club and its members.

We were fortunate to have Lt. Governor Bonnie Clesse join us in April to welcome transferee Alice Tyler to Hamilton 1 and to present Joan Hutcheson with her 45 Years of Membership certificate. Congratulations, Joan and thank you for your dedicated service to Zonta. Lt. Governor Bonnie also gave an overview of matters that will be addressed at the 2018 International Convention.

The Area 1 and 2 Workshop hosted by the Zonta Club of Toronto was attended by 65 Zonta members, including from Hamilton 1, Judy Ambrose, Karin Eckart, Kathy Kingsmill Marsales, Alice Tyler and I. The workshop was very informative with round table topics relevant to the issues that many Zonta clubs are dealing with. All the materials from the Workshop are now available on the Zonta District 4 website. Of particular importance is the powerful virtual presentation given by Rosita Hall. I strongly encourage you to view this presentation as it contains words of wisdom for the Zonta organization and our club as we chart our course for the future.

Our 2018 Golf Tournament major fund-raising event is less than a month away. Please continue to seek out sponsors and golfers for the tournament. We need everyone's help to make the day a success.

At the May 22nd meeting, we will begin with our regular meeting and receive reports from our committee chairs. Area Director Claire Wallace will be attending to induct new member, Winsome Plummer.

Following the regular meeting, we will have our annual general meeting, at which Claire will induct our new board.

The Annual Report will be emailed to you along with the agendas for our May 22nd meeting. As was agreed to by the membership, the report will be in electronic format and only a few copies will be printed this year. The report will be posted in the Members Resources section of our club's website. Thank you to all the committee chairs for submitting the reports in a timely fashion. A very special thank you to Susanne Crago who has put the report together and has had to deal with a president who is not as computer savvy as I would like to be. Finally, thank you, Karin Eckart for being my sounding board and supporter these last two years.

***“What I know for sure is that life as a woman can be tough.
And we have an opportunity to come together as women and set
an example of support. We are all trying to do our best in life,
and sometimes the best place to start is with a little help from our friends.”***

Kristine Stewart, President, TribalScale

Yours in Zonta,
Renate
Empowering Women Through Service and Advocacy



MAY 2018

2018 Zonta Classic

Twenty Valley Golf and Country Club



Wednesday, June 13, 2018

We just have ***a month*** to go. Thank you so much for everyone who has signed up to come, made donations of money and wine, and helped with sponsors and silent auction gifts so far. We will once again have registration forms and donor sheets at this May meeting for the last time this year. We still need sponsors, advertisers, donors, wine and silent auction gifts, so if you have any leads or have something to bring to the meeting, this is the time. This is our biggest fundraiser for the year, and we need everyone's help.

The limo is once again traveling to the course and back. The cost is minimal, the fellowship- priceless. If you want to come to dinner in the limo, just let us know.

Thanks to everyone.
Zonta Classic Committee

Volunteers are needed for our Zonta Classic Golf Tournament June 13, 2018. Please contact Lori Mizzi by e-mail at lorimizzi@gmail.com or by phone 289 922 9105 for details. This is a really fun day and even a few hours will be appreciated!



June Social



Come and celebrate with our sister Zontians in spirit, as they attend the Zonta International Conference in Yokohama, Japan.

Join us Tuesday June 26th for a fun evening of Japanese food and culture. We start with a delicious Teppanyaki dinner and finish with a demonstration of Ikebana flower arranging and take home a small arrangement.

Location is Hibachi Teppanyaki Bar and Restaurant, 1940 Appleby Line, Burlington. [Hibachi Website](#).

Menu includes Miso Soup, House Green Salad, Sushi Appetizer, Hibachi Fried Rice, Vegetables, Chicken and Beef, Green Tea or Mango Ice Cream.

Cost is \$60.00. This includes meal, tax, gratuity, and flower arrangement. Drinks are extra.

For further information please contact Sheila Creighton cedarc8on@gmail.com
or Debbie Field fieldandslote@sympatico.ca

Short Notes of Interest

In the June issue of Canadian Living magazine there is a great article “Hell & Back” about Christine Yanke from Ancaster, who made excellent use of **Womankind Addiction Service (WAS)**. It offers a safe, caring and supportive place where women are welcomed and assisted by our specially trained team to assess and define next steps regarding their substance use and recovery. Our club supported this place with funds from our last Golf Tournament. An interview with Christine is available here:

<http://www.cbc.ca/news/canada/hamilton/news/one-of-a-kind-addictions-service-celebrates-10-years-in-hamilton-1.2847384>

2019 Amelia Earhart Cruise

Donna Ketchum-Colletta has the cruise organized—Amelia is going to Spain! The BEST PERK is that early registrants get \$1,000 per person off the price of the balcony rooms (veranda). That is a \$2,000 price reduction per couple if you put a deposit down early. Oceanview (window) cabins are \$500 reduction per person. The cruise is on the Azamara *Journey*. It is a smaller cruise ship with only 690 passengers and only a few people assigned to your cabin steward. Full information is attached to this mailing.



Sheroes

Dr. Catherine Zahn

*President and CEO of the
Centre for Addiction and Mental Health*

Dr. Catherine Zahn joined the Centre for Addiction and Mental Health (CAMH) as President and Chief Executive Officer in December, 2009. CAMH is Canada's leading mental health hospital and the largest academic health science centre in the country focused on mental illness. The organization has a bold transformation agenda that includes an ambitious redevelopment project, integration and redesign of patient services, expansion of research and innovation capacity, public education and social advocacy. Dr. Zahn continues to practice in her area of clinical and academic interest, epilepsy and women with epilepsy. She is a champion for the integration of psychiatry and neuroscience, working to steer mental illness into the mainstream of medicine and promoting equitable access to healthcare resources for people with mental illness.



Lillian Orban



From the Director of the Hamilton-Wentworth District School Board Manny Figueiredo to all staff:

"It is with sadness that we learned of the passing on April 24 of Lillian Orban, who served for 22 years as a Trustee at the Hamilton-Wentworth District School Board (HWDSB).

Lillian was elected as Ward 7 Trustee in 1992 and served until 2014. She was also an employee with the Hamilton Board of Education and worked as a social worker, mostly at Viscount Montgomery school. Lillian was a passionate defender of students at HWDSB. At meetings, her voice would at times break under the weight of her emotions.

...Lillian will be in our hearts as we lower our flags for three days next week. We thank Lillian for her service to our students and community."

The Spectator also ran a story on Lillian:

<https://www.thespec.com/news-story/8591610-obit-lillian-orban-was-dedicated-public-school-board-trustee/>



MAY 2018

Walk A Mile In Her Shoes



June 19

Hamilton City Hall

Every 6 days
a woman is
killed by her
partner

The Advocacy Committee encourages you to
Join the International Walk to End Violence Against Women
As part of the Zonta Club of Hamilton 1 Team

YWCA Hamilton's Walk A Mile In Her Shoes challenges Hamiltonians of all ages, genders, and abilities to walk in heels to raise funds and awareness to end violence against women. Together, we'll walk a mile in women's shoes as a symbolic gesture and in solidarity with survivors of violence.

Please walk on our team or sponsor the team. Please contact Sharon Haas or refer to:

Website: <https://ywcahamilton.akaraisin.com/ui/16800>

Team Name : The Zonta Club of Hamilton

Zonta's Centennial Celebration in District 4



Marian de Forest

SAVE THE DATE:

DISTRICT 4 CONFERENCE
SEPTEMBER 26-29, 2019
HYATT REGENCY HOTEL, BUFFALO, NY



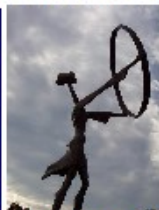
Women's Hall
of Fame
Medal

COME JOIN US WHERE IT ALL BEGAN

CELEBRATE ZONTA'S 100TH ANNIVERSARY
GALA DINNER AT STATLER FRIDAY EVENING



Plaque on Statler Building



Spirit of Womanhood



Statler where Zonta was founded

Vivian Cody, District 4 email: vcody@buffalo.edu

ZI REP RECEPTION THURSDAY, SEPTEMBER 26, 2019
GALA DINNER AT STATLER FRIDAY, SEPTEMBER 27, 2019

TOURS:

SENECA FALLS, THURSDAY SEPTEMBER 26, 2019
NATIONAL WOMEN'S HALL OF FAME
BUFFALO, FRIDAY, SEPTEMBER 27, 2019
MARIAN de FOREST GRAVE SITE
SPIRIT OF WOMANHOOD STATUE

GATHER WITH FIRST
CONFEDERATION ZONTIANS



MARIAN de FOREST INDUCTED IN 2002





Dine-Arounds

May 26th Dine-Around at Dianne Moore's

- Room for Eight Guests
- A dinner of cuisine extra-ordinaire and great conversation
- Cost \$30.00 per person
- Start time 6:00 p.m.
- Stay tuned for additional details via email



July 4th – 4th of July Party

- Room for Ten Guests
- Backyard – guaranteed sunshine and warmth
- Traditional BBQ celebration (complete with sparklers)
- Cost \$30.00 per person
- Start time 6:00 p.m.

RSVP to Kathy Marsales – kathymarsales@gmail.com

September 20th – Golf and Lunch at Cedar Springs

- Room for up to Twelve Guests
- Golf Cart Included
- Nine holes of golf
- Cedar Springs is in Burlington – cottage of Kathy Kingsmill Marsales
- Lots of woods to lose your golf balls in
- Start time 10:00 – 10:30 a.m.
- Lunch included
- Cost \$30.00
- Rain check available

RSVP to Kathy Marsales – kathymarsales@gmail.com





B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo starts at 6:45 Friday and Sunday nights**

Sunday, May 27th, 2018

Joan Heels
Marlene Balsdon
Wayne Balsdon
Nancy Hume-Meletti
Renate Davidson
Phyllis Deptuck

Friday, June 15th, 2018

Irene Polidori
Nancy Zilvytis
Jackie Dove
Sylvia von Ellm
Anita Isaac
Jelaine Foster

Sunday, June 17th, 2018

Julie Kostal
Marlene Balsdon
Wayne Balsdon
Maureen Hayman
Phyllis Deptuck

Friday, July 13th, 2018

Irene Polidori
Nancy Zilvytis
Sandra Cronk
Sylvia von Ellm
Anita Isaac
Phyllis Deptuck

Sunday, July 22nd, 2018

Jelaine Foster
Jackie Dove
Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck

Friday, August 10th, 2018

Trish Mongeon
Nancy Zilvytis
Renate Davidson
Sylvia von Ellm
Nancy Hume-Meletti
Phyllis Deptuck

Sunday, August 12th, 2018

Jelaine Foster
Maureen Hayman
Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck

Friday, September 7th, 2018

Jackie Dove
Irene Polidori
Nancy Zilvytis
Anita Isaac
Sandra Cronk
Karin Eckart

Sunday, September 16th, 2018

Joan Heels
Jelaine Foster
Kathy Kingsmill
Marlene Balsdon
Wayne Balsdon
Phyllis Deptuck

IF YOU CAN HELP OUT AT BINGO

Please contact PHYLLIS DEPTUCK [905-387-1485](tel:905-387-1485)
Spare—Sheila Creighton

Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca



Attached to this Newsletter

- **April Dinner Meeting Minutes**
- **Committee List 2017-2018**
- **Amelia Earhart Cruise 2019**

Date	Event	Details/Location	Contact
Tuesday, May 22	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Saturday, May 26	Dine-Around	6:00pm Chez Dianne Moore	Dianne Moore 905-549-1092 mooredianne8@gmail.com
Sunday, May 27	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, June 5	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Karin Eckart 905-527-2957 kareck@gmail.com
Wednesday, June 13	21st Zonta Classic Golf Tournament	Twenty Valley Golf & Country Club 3814 Yonge St, Vineland, ON L0R 2C0	Sandra Cronk 905-524-0188 scronk@sympatico.ca
Friday, June 15	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, June 17	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, June 26	Dinner Meeting		
June 28- July 3	Zonta International Convention	Pacifico Yokohama National Convention Centre	
Friday, July 13	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, July 22	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Friday, August 10	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, August 12	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, September 4	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Karin Eckart 905-527-2957 kareck@gmail.com