



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



TEL-O-ZONTA

JANUARY 2015

PRESIDENT: MARGARET BLACK

PO Box 89034

WESTDALE SHOPPERS DRUG MART

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HAMILTON, ON L8S 4R5

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January 27th Dinner Meeting Reminders

**DINNER IS AT 6:00 P.M. SHARP IN THE
CONTINENTAL EXPRESS BALLROOM AT
AT LIUNA STATION.**

THE COST OF THE DINNER IS \$30.

CASH BAR IN ADVANCE.

**IF YOU ARE UNABLE TO ATTEND, OR IF YOU ARE BRINGING
A GUEST, PLEASE ADVISE**

LIZ NEWMAN AT 905-627-4292 OR

enewman6@bell.net

BY THURSDAY, JANUARY 22ND, 2015.

January Programme

Naki Osutei

Director,

Human Resources & Diversity and Inclusion for the

Organizing Committee of the

Toronto 2015 Pan Am and Parapan Am Games.

INSIDE THIS ISSUE:

<i>DATES TO REMEMBER</i>	2
<i>BIRTHDAYS</i>	2
<i>GOLF CLASSIC 2015</i>	2
<i>PRESIDENT'S REPORT</i>	3
<i>LUNAFEST</i>	3
<i>HYGIENE KITS</i>	4
<i>SERVICE BUDGET</i>	5
<i>BINGO SCHEDULE</i>	6



UPCOMING DINNER MEETINGS:

FEBRUARY DINNER MEETING
TUESDAY, FEBRUARY 24TH, 2015

MARCH DINNER MEETING
TUESDAY, MARCH 24TH, 2015

OTHER DATES TO NOTE:

LUNAFEST
FRIDAY, APRIL 10TH, 2015

ZONTA CLASSIC
WEDNESDAY, JUNE 10TH, 2015

HAPPY BIRTHDAY TO YOU!

January 26 — Anne Farrington
January 31 — Sylvia von Ellm

Golf Tournament 2015



It's time to start "pounding the pavement" for this year's Zonta Classic, a "Zonta Fiesta" planned for June 10, 2015. We've prepared the brochures and sponsor letters, and we hope you can use these to help us gather sponsors and donations for our silent auction. If you have an idea of someone to be contacted, and you prefer not to do it yourself, or are unsure of how to approach them, please contact a member of the golf committee and we would be glad to help. If you are spending money at a business, they might be a good contact for a sponsorship or gift. There is a page on our website (www.zontahamilton1.ca) with a link to our brochure and more information.

We need everyone in our club to help us reach our fundraising goal and to make this eighteenth annual event a success.

Thank you,
Karen Dawson, Chair

**Congratulations to Sharon Gallant, the founder and CEO of FAB,
one of the 40 women named as "Canada's Change Makers" by Canadian Living.**

See the complete article in the January 2015 edition of the magazine.



January 2015 President's Report



Although we are finally well into winter's cold, the days are getting longer and that gives me hope for brighter days ahead for 2015! Zontian sisters, I hope you have avoided the nasty influenza and other viruses infecting many this year. Already this month, Zonta has celebrated Amelia Earhart Day (11th). We posted several of the pictures and tributes on our Facebook page to honour Amelia and celebrate the many recipients of the fellowship given in her name. Our upcoming dinner meeting on January 27th will be very informative as we welcome Naki Osutei who is a Director, Human Resources & Diversity and Inclusion for the Organizing Committee of the Toronto 2015 Pan Am and Parapan Am Games. We also will be voting on our draft Service Budget and the Policy on Bequests and Donations, which you will be receiving for your review prior to the meeting. Please read each carefully

and bring your questions. If any of you have reports that can be included in our Consent Agenda, please send them to me ahead of time. That way they can be circulated and approved as circulated in order to reduce time spent on presenting them at the meeting, if no discussion is needed. Your ad-hoc Strategic Planning committee is meeting on your behalf to continue drafting the strategic plan and will bring it back to the Board and the club by February. Listening to the spirited discussion we had in November, I believe club members appreciated and took seriously the opportunity to discuss our club goals and we want to continue this dialogue whenever we can.

Yours in Zonta,
Margaret

"Women should do for themselves what men have already done - occasionally what men have not done - thereby establishing themselves as persons, and perhaps encouraging other women toward greater independence of thought and action."

- Amelia Earhart



Lunafest

What is it?

Established in 2000 by LUNA, the makers of the Whole Nutrition Bar for Women, LUNAFEST connects women, their stories and their causes through film. This travelling film festival spotlights the work of a diverse array of talented women filmmakers with intelligent, funny and thought-provoking themes. To date, 110 filmmakers have been featured, nearly \$1.9 million dollars has been raised and thousands of attendees have come away moved, entertained and inspired.

Our Zonta Hamilton 1 Event

When: Friday April 10, 2015
Where: The Zoetic (formerly The Movie Palace)
 526 Concession Street, Hamilton
How Much: \$20.00 per person

Please hold the date, and think about who to invite (men are very welcome) and how to help us promote the event. We will circulate an email poster with a link to preview the films and purchase tickets in the next few weeks.



Hygiene Kits Project 2014-15

Our project this year began in December when I assembled and delivered 25 hygiene kits to the Native Women's Centre on King Street East in Hamilton. Then on Saturday, January 10th, through Nancy Zilvytis, we invited students from the Golden Z club to participate in organizing the items received throughout 2014 and then with the assembly of just under 100 kits. It was a great opportunity for us to get to know our Golden Z club members.

Included are some photos from the day and a reflection from Salwa Farooqi, President of the Golden Z club:

"There is no exercise better for one's soul than reaching down and lifting those in need up, and the McMaster Golden Z members have truly gotten an intense workout! Helping others should be a natural extension of every individual's responsibility and volunteering to benefit those in need is a perfect vehicle to facilitate such responsibility. The Golden Z club promotes leadership and action through these initiatives, aiming specifically to have a positive influence on our social systems such that everyone gets to enjoy the same rights we all do. Assembling the hygiene kits was truly a humbling experience which helped me realize that even the smallest changes can create outlets for something much greater. We hope to partake in more Zonta events in the hope to make a tangible difference."

Salwa Farooqi

BHScIII

Global Health Specialization

Please continue to collect items for this project. We have plenty of soap but are in need of all other items – toothbrushes, toothpaste, shampoo, conditioner, face cloths, deodorant, combs, small Kleenex, shower caps, body lotion.

Gertud Taunton





Service Budget 2014-15

Your Service Committee will be seeking the membership’s approval of the attached 2014-15 service budget at our January 27, 2015 business meeting. Here are a few highlights of the budget:

INTERNATIONAL

Zonta International has challenged member service clubs to increase their support to the foundation by 5% over the next biennium. In our case, this would equate to a \$290 increase in our support over 2 years. We have budgeted an increase of \$100 in the International Service Fund for this year and will include the remaining \$190 in the 2015-16 budget.

We have also included an amount of \$800 for donations from individual members and encourage each member to make a personal donation to International.

LOCAL SERVICE PROJECTS

We have included two new local projects in this budget:

Living Rock Wellness Works Program

This program supports street-involved at-risk female youth who may be pregnant, parenting youth, or youth needing support related to trauma and emotional health.

The program aims to engage youth-at-risk, encourage them to move beyond their difficult circumstances and equip them with tools, education and resources needed for a brighter future.

VON Meals on Wheels for Frail Elderly Women

Meals on Wheels program is a long-standing support program offered to seniors who are unable to prepare their own meals. The service also provides a “check-in” for isolated seniors. Meals are \$6.25. We are recommending a subsidy of \$3.00 per meal for 500 women.

ARCELOR MITTAL-DOFASCO DO GOODER CHALLENGE – UNITED WAY CAMPAIGN

Arcelor Mittal-Dofasco has committed to match dollar for dollar all new and increased donations up to amount of \$500,000 made during the current United Way campaign period that ends on February 15, 2015. To date they are at the \$400,000 level.

We are recommending that the payment of our 2014-15 donations, where possible, be made through the United Way to our designated organizations. While this may not benefit the organizations we support directly, the match will go into the United Way’s Community Fund and support many worthy community programs.

The gifts we would be directing through the United Way are:

Breast Assessment Center	20,000
Life After Breast Cancer Con.	2,500
Fab Foundation	2,400
Living Rock	4,785
Women 4 Change	1,500
YWCA	5,500
VON	1,500
Total	\$ 38,185

Please take the time to review the budget and contact either of us if there are any questions.

Kathy Kingsmill
Renate Davidson
Co-Chairs, Service Committee

Members of the Committee:
Debbie Field, Maggie Hall, Judy Lindsay, Gertrud Taunton, Joan Vineberg, Nancy Zilvytis



Zonta Club of Hamilton I

Member of Zonta International

Advancing the Status of Women Worldwide

B-I-N-G-O Schedule—Princess Bingo 300 Fennel Avenue East

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo is at 6:45 Friday and Sunday nights**

We would like some more Zontians to work BINGO.

PLEASE CONTACT PHYLLIS DEPTUCK IF YOU CAN HELP OUT [905-387-1485](tel:905-387-1485)

SPARES Sharon Haas, Ingrid Popaleni

Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca



Friday, January 30th, 2015

Jelaine Foster
Karen Dawson
Judy Lindsay
Nancy Zilvytis
Renate Davidson
Irene Polidori (Running)

Sunday, February 1st, 2015

Joan Heels
Marlene Balsdon
Wayne Balsdon
Hilda Dubé
Karin Eckart
Phyllis Deptuck

Friday, February 27th, 2015

Jelaine Foster
Judy Lindsay
Margaret Black
Sylvia von Ellm
Renate Davidson
Phyllis Deptuck

Sunday, March 8th, 2015

Renate Davidson
Karin Eckart
Sandra Cronk
Barb Nethercot
_____Need 1
Jelaine Foster

Friday, March 27th, 2015

Jelaine Foster
Nancy Zilvytis
Karen Dawson
Judy Lindsay
Irene Polidori
Anita Isaac

Sunday, March 29th, 2015

Karin Eckart
Sylvia Von Ellm
Barb Nethercot
Sandra Cronk
_____Need 1
Phyllis Deptuck

