



# Zonta Club of Hamilton I

## Member of Zonta International

*Advancing the Status of Women Worldwide*

### TEL—O—ZONTA

PRESIDENT: SHARON HAAS

EDITOR: KARIN ECKART

SEPTEMBER 2013

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HAMILTON, ON L8P 4W9

### *Board of Directors 2013—2014*

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#### *Directors*

**First Year**

Judy Lindsay  
Joan Vineberg

**Second Year**

Kim Alvarado  
Paula Nurse

### *September 24th Dinner Meeting Reminders*

**DINNER IS AT 6:00 P.M. SHARP IN THE  
CONTINENTAL EXPRESS BALLROOM AT  
LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND, OR IF YOU ARE BRINGING  
A GUEST, PLEASE ADVISE  
DOROTHY RILETT AT 905-628-5985 OR  
DRILETT@COGECO.CA BY  
THURSDAY, SEPTEMBER 19TH, 2013.**

**YOU WILL BE BILLED FOR YOUR DINNER IF YOU HAVE NOT  
CONTACTED DOROTHY BY THAT DATE.**

#### *September Program:*

**Overview of The Life After Breast Cancer Conference**

Linda Learn, Margaret Forbes & Dr Callista Phillips

**Status of CIBC Breast Assessment Centre Project**

Roger Ali

#### **INSIDE THIS ISSUE**

Persons Day	2
Birthdays	2
Dates to Remember	2
President's Report	3
Golden Z Club News	3
Take Back the Night	4
Wine Tour & Dinner	4
Bingo Schedule	5
Entertainment Books	5
Editor's Request	5



## *Dates to Remember*

### UPCOMING DINNER MEETINGS:

SEPTEMBER 24TH, 2013

*JOINT DINNER MEETING  
AT LIUNA STATION  
OCTOBER 22ND, 2013*

NOVEMBER 26TH, 2013

### OTHER DATES TO NOTE:

*BIRTHING KIT ASSEMBLY DAY  
SEPTEMBER 21ST, 2013*

*DISTRICT 4 CONFERENCE PITTSBURGH  
SEPTEMBER 27TH-29TH, 2013*

*LIFE AFTER BREAST CANCER  
CONFERENCE  
OCTOBER 17TH, 2013*

*PERSONS DAY BREAKFAST  
OCTOBER 18TH, 2013*

*ORLANDO CONVENTION  
JUNE 27TH-JULY 1, 2014*



## Equal. Right?

JOIN THE CONVERSATION  
ON PERSONS DAY!



**Keynote Presentation  
by Uzma Shakir:**  
Director of the City of  
Toronto's Office of  
Equity, Diversity &  
Human Rights and  
award winning  
community-based  
researcher, a advocate &  
activist.



### persons day 2013 BREAKFAST

**PURCHASE TICKETS**  
**Starting September:**  
905-522-9922 ext. 111  
[www.ywcahamilton.org](http://www.ywcahamilton.org)

**TICKETS:**  
\$25 ticket /\$250 table  
\*consider sponsoring a  
student

**Liuna Station  
October 18  
7<sup>30</sup>—9<sup>30</sup>am**

**Presented By:**



Zonta Clubs of Hamilton  
Members of Zonta International  
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## HAPPY BIRTHDAY TO YOU!

**September 5 — Debbie Field; September 9 — Irene Polidori;  
September 16 — Emily Balsdon; September 22 — Sandra Cronk;  
September 23 — Elizabeth Embleton; September 27 — Diane Stogiannes;  
September 30 — Paula Nurse**



## *September 2013 President's Report*

Welcome back!

Here it is Fall and we are back to our regular sessions of Zonta dinner, committee meetings and activities. I hope all of you had a healthy and happy summer. I know many of you have had the chance to spend some time at the cottage or with family. I hope the summer break has provided you with some rest and relaxation. I am delighted to hear that a few of our members who have been under the weather are improving. Mary McKay, Elva Carrol and Gwen Mowbray, we are delighted that you are feeling better.

We are off to a great start for the 2013 -2014 Zonta year. Our fundraising committee has already met and have some fantastic plans to lead all of us in raising funds for our service committee to give to various deserving charities. We are ready to gather September 21<sup>st</sup> for our Birthing Kit assembly. Plans are well on the way for both our Life After Breast Cancer Conference October 17<sup>th</sup> and Person's Day Breakfast October 18<sup>th</sup>. Our delegates and several members are ready to represent us in Pittsburgh at the District 4 Conference September 27-29<sup>th</sup>. Our Advocacy committee is working on an advocacy bridge gathering.

I have included a few pictures of the Zonta booth and many proud Zontians who attended the Take Back the Night Walk. We had a booth with a fantastic new banner, postcards, arm bands and ribbons. We looked great in our bright orange "Zonta Says No" tee-shirts and it was wonderful to gather with other groups advocating for women. I encourage you to review the Zonta Says No website for more information: <http://zontasaysno.com/>.

I have been in contact with Clare Freeman and she tells me women's shelters across Ontario are selling purple scarves for \$10. In Toronto they are planning on surrounding Queen's Park with a legal and peaceful gathering November 25<sup>th</sup>, the International Day to Eliminate Violence



Against Women. Our local shelters are all on board for a Purple Scarf Campaign. This campaign will be in conjunction with the "Just say NO" UN campaign. I hope that many of you will consider buying a scarf and wear it at our joint October meeting with Zonta Club of Hamilton 2. I thought we could take a picture and add to our Facebook page or send to local papers. We are hoping that local shelters will join us in our bridge event wearing our orange shirts and purple scarves. I will take orders at our September meeting.

Fall is sometimes thought of as the end of summer but to me it feels more like a beginning. It is the beginning of a new and rewarding year in Zonta. I encourage you to participate as much as you feel comfortable with and reap the rewards of giving to the community, fellowship with outstanding women and learning and growing in a fun and safe environment.

Yours in Zonta,  
Sharon

## *Golden Z Club News*

Tanusree Saha, a former Olga Cloke Bursary Winner, was appointed Outreach Coordinator for the Golden Z Club. The club was given official status as a McMaster University Club and participated in the McMaster Clubs Fest. They have also started a Facebook page and you can like them to stay up to date. LINK: <https://www.facebook.com/pages/Golden-Z-Club-MAC/124506504399499>. They are also planning to start a Twitter page! For more information contact Barbara Nethercot.



## *Take Back the Night*



Thursday September 12, 2013, SACHA hosted Take Back the Night in Hamilton. Take Back the Night was started in the United States in Philadelphia in October 1975. A young microbiologist, Susan Speeth was murdered by a stranger a block from her home while walking alone. This event has been called several different names but has always carried the same message. Women should be safe to walk the streets of their city at any time of day or night. Women world-wide have been marching to reclaim the streets to be safe and secure. The Advocacy Committee arranged for Zonta to have an information table and for members to march in the event. We wore our orange SAY NO T-shirts. It was a very inspiring and powerful event. The energy created by the women as we marched through the streets of downtown Hamilton inspired us to push forward to do more. We gathered from 6:30-7:30pm and then proceeded with the march for about 1 hour. Zonta members marched with other womens' groups unified for a common goal.

## *Fellowship Committee*

There is still space available for the wine tour on October 5th. This includes visiting three wineries and ends with a four-course dinner with wine pairings at the RBG. Cost is \$110. Family and friends are welcome to join us. Please contact Paula at [905-627-5788](tel:905-627-5788) or [pnurse70@gmail.com](mailto:pnurse70@gmail.com) to register.



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*B-I-N-G-O Schedule—Princess Bingo 300 Fennell Avenue East*

**Note: We have to be there no later than 5 p.m. to count cards.**  
*Bingo is at 6:45 Friday and Sunday nights*

**We would like some more Zontians to work BINGO.**  
**PLEASE CONTACT PHYLLIS DEPTUCK IF YOU CAN HELP OUT [905-387-1485](tel:905-387-1485)**

**SPARES—Sharon Haas Ingrid Popaleni**



Zonta International:  
[www.zonta.org](http://www.zonta.org)

District 4 Website:  
[www.zontadistrict4.org](http://www.zontadistrict4.org)

Zonta Club of Hamilton 1:  
[www.zontahamilton1.ca](http://www.zontahamilton1.ca)

For information, please email:  
[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)

### **Friday, October 11, 2013**

Karen Dawson  
 Jelaine Foster  
 Nancy Zilvytis  
 Irene Polidori  
 Sandra Cronk (Running)

### **Sunday, October 20, 2013**

Joan Heels  
 Judy Lindsay  
 Sylvia von Ellm  
 .....Need 1  
 Phyllis Deptuck (Running)

### **Friday, November 8, 2013**

Anita Isaac  
 Alina Zilvytis  
 Sylvia von Ellm  
 Karen Dawson  
 Sandra Cronk (Running)

### **Sunday, November 10, 2013**

Joan Heels  
 Jelaine Foster  
 Dianne Stogiannes  
 .....Need 2  
 Phyllis Deptuck(Running)

### **Friday, December 6, 2013**

Anita Isaac  
 Alina Zilvytis  
 Judy Lindsay  
 .....Need 1  
 Sandra Cronk (Running)

### **Sunday, December 15, 2013**

Karin Eckart  
 Nancy Zilvytis  
 .....Need 2  
 Phyllis Deptuck (Running)



*I will not be available to do the October Tel-O-Zonta and am looking for someone to do this job for us. Let me know at the Dinner Meeting, if you can help out!*

*Karin Eckart*

## ***Entertainment Books***

We have a small supply of Entertainment Books again this year. The price remains at \$30. It only takes the use of a couple of the coupons to pay for the book and Zonta makes a small profit. There will be some at our next few meetings, or if you would like one dropped off somewhere, just contact Sandra Cronk.