



# ZONTA

CLUB OF  
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY



## TEL-O-ZONTA

NOVEMBER 2015

**MAILING ADDRESS:**

PO Box 89034  
WESTDALE SHOPPERS DRUG MART  
HAMILTON, ON L8S 4R5

**MARGARET BLACK, PRESIDENT**

**KARIN ECKART, EDITOR**

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### ***TUESDAY, NOVEMBER 24TH DINNER MEETING REMINDERS***

**DINNER IS AT 6:00 P.M. SHARP IN THE  
CONTINENTAL EXPRESS BALLROOM AT  
LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND, OR IF YOU ARE BRINGING  
A GUEST, PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR  
enewman6@bell.net**

**BY THURSDAY, NOVEMBER 19TH, 2015.**

**YOU WILL BE BILLED FOR YOUR DINNER IF YOU HAVE NOT  
CONTACTED LIZ BY THAT DATE.**

**November Programme**

**Breast Cancer in the Diaspora**

*Dr. Juliet Daniel,  
McMaster University, Department of Biology*

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## *Dates to Remember*

### UPCOMING MEETINGS:

*DECEMBER DINNER MEETING*  
TUESDAY, DECEMBER 8TH, 2015

*JANUARY DINNER MEETING*  
TUESDAY, JANUARY 21ST, 2016

*FEBRUARY DINNER MEETING*  
TUESDAY, FEBRUARY 23RD, 2016

### OTHER DATES TO NOTE:

*LUNAFEST*  
FRIDAY, FEBRUARY 19TH, 2016

*AREA 2 SPRING WORKSHOPS HOSTED BY HAMILTON 1 & 2*  
SATURDAY, APRIL 16TH, 2016

*ZONTA CLASSIC GOLF TOURNAMENT*  
WEDNESDAY, JUNE 8TH, 2016

*ZONTA INTERNATIONAL 63RD CONVENTION*  
JULY 2ND-6TH, 2016  
NICE, FRANCE



## HAPPY BIRTHDAY TO YOU!

**November 14 — Karen Dawson;**

**November 27 — Phyllis Deptuck; November 30 — Joan Vineberg**



## *Upcoming Meeting Reminders*

### *November Meeting*

We will be collecting items for hygiene kits and hope to be able to ascertain what is still needed before putting them together.

### *Holiday Meeting December 8th, 2015*

To continue the tradition, please bring a bottle of wine or two to the November or December meeting so we can include them in our Christmas raffle. In addition, we would like to have a small silent auction fundraiser at our Christmas celebration. Please also bring a new or used item that we can auction off.

**Entertainment is a 20-member choir named "The Greater Good" and of course, guests and friends are welcome.**



## *November 2015 President's Report*



What a treat we have had these late warm, sunny days of October and early November. *Mother Nature* has given us a much appreciated reprise from the onset of winter! I hope you are enjoying it as much as I am.

For those of you not at the October meeting, I thought I would tell you that on November 8 (Zonta International Day), ZI turns 95 years old! and in their campaign "Every Member Every November" the ZI Foundation asks members to consider making their personal annual donation. All the donations (no matter how small) given to the Foundation go to the International Projects aimed at preventing gender based violence and discrimination and reducing early marriage and early pregnancies. Our club has had 100% participation in the past. (Member

fees, not donations, help to pay for the operating costs). You can go online and do this directly at <http://www.zonta.org/ZIFoundation/EveryMemberEveryNovember.aspx>

How many of you will meet Trish Mongeon's challenge when she suggested we wear **orange** on November 25 (International Day for the Elimination of Violence against Women) and as many other days during the 16 days of Activism to draw attention to the campaign, Zonta Says No? Think of the folks you meet at your workplace or community events where this will instigate a conversation about this important topic. Are you prepared to bring this issue to the forefront? I hope you are thinking of worthy nominees for this year's Area 2 *Zonta Says No* annual awards (individual and organization). As soon as I receive the protocol I will forward it to you.

Lastly, I am looking forward to Dr. Juliet Daniel from McMaster speaking this month on her research on the genetics, diet and environmental influences on breast cancer numbers, health outcomes and treatment variations across countries such as Africa, the Caribbean and Canada. If you are bringing a guest, let Liz know by November 19<sup>th</sup>.

Yours in Zonta,  
Margaret

*Empowering Women Through Service and Advocacy*



## Fundraising Plans 2015-2016

*We need to earn money each year to have the fun of giving it to our charities and to help support the club. Here are some highlights of this year's plan:*



**November** - At the last International Convention, our club was recognized a one of only 60 clubs in the world ([Zonta International Annual Report](#)) where every member had made a personal donation. We ask you to uphold that record. Zonta's campaign, Every Member Every November, encourages this. You can donate online at [EveryMemberEveryNovember](#) or give a donation to our treasurer and the funds will be sent to Zonta International. The amount you donate is up to you.

**December** - At our Christmas Meeting, we will continue our popular wine raffle, but also have a small silent auction of new or gently used items or baked goods. Think about what you could donate so our members can do a little Christmas shopping. Please bring the items to the November or December meeting.



**February** - Mark the date of Friday February 19<sup>th</sup> for another Lunafest, an evening of film, for, about, and by women at the Zoetic on Concession St. Tickets will be available soon, but in the meantime mark the date, and [check out the films here](#). Everyone who came last year loved it, so we hope to double our attendance. Start spreading the word and plan a night out!

**Dine-Arounds** - Fun, food, fundraising - all in one night! Volunteer to host a Dine-Around. A Zonta member provides the meal and a glass of wine while guests - Zontians and friends - pay \$30 each to attend. The funds go to the club. Contact Marlene Balsdon <[marlene.balsdon@sympatico.ca](mailto:marlene.balsdon@sympatico.ca)>





## *The Zonta Classic 2016*

**THE  
ZONTA  
CLASSIC**  
*Women golfing for the fight against breast cancer*

**June** - Our biggest fundraiser is the Zonta Classic Golf Tournament, which is now in its 19<sup>th</sup> year. June 8<sup>th</sup> is the date for this year's event. Brochures will be available at the November meeting.

## *Elva Carrol - A Remarkable Woman*

Dr. Donald Arnold vividly recalls a patient he treated for many years. "She was very intelligent and vivacious, with a thirst for life," says Arnold, associate professor in the Department of Medicine and director of the McMaster Centre for Transfusion Research. "I remember her well." In turn, Elva Carrol '51 remembered her alma mater. "McMaster's blood disorders clinic helped extend Elva's life by about 30 years," says her lifelong friend Stella Wilkinson '50, '81. "She was grateful."

Carrol expressed that gratitude in her estate plans with a \$500,000 bequest to the Faculty of Health Sciences. She designated her gift to non-malignant hematology, a field of medicine related to bleeding disorders and illnesses such as hemochromatosis, a hereditary disorder that causes the body to absorb too much iron. When Arnold learned about the generous bequest to his area of research, "it was the most incredible and wonderful surprise."

The donation will fund many new research initiatives at McMaster, as well as provide invaluable support for graduate students. "It's going to help us research how to better diagnose complex hematological diseases. And it will be sustainable," says Arnold. "This is just an incredible gift. She was a remarkable woman."

Remarkable, indeed. "Elva loved tradition and was loyal to family and friends to the end of her life," says Stella Wilkinson, who describes her friend as an outstanding business woman who was "cheerful, sociable and hard-working." An honours political economy student at Mac, Carrol was a builder and a leader from an early age, active across campus in many sport teams and student clubs.

There weren't many women at university in those days, recalls another friend, Evelyn Veale '53. When Veale first arrived on campus, Carrol sent her a welcome letter. "We spent my first year on campus together and became very good friends."

Carrol served as president of the Women's Athletic Council in the 1950-51 season. In 1951, she won an Honour M Award for her contributions to women's athletics, and an Edna Guest Trophy,

given to a graduating student "who radiates the spirit of McMaster."

After graduating in 1951, Carrol was a pioneer in the world of work, as well. She programmed and installed computers for five years, and then went on to a successful career as a financial advisor and account executive in the investment trust and securities industry. An accomplished golfer, she also served as director of the Hamilton Automobile Club and was active with the Zonta International Society and the YWCA.

A long-time supporter of McMaster, Carrol was a particularly devoted Marauders fan, following all the games on campus. She was inducted into McMaster's Alumni Gallery in 1984 and the Athletics Hall of Fame in 1993. "Elva had a strong loyalty to Mac," says Evelyn Veale, who adds: "She always enjoyed a good time and had lots of friends. Whatever she did, she put her whole heart into it."

*By Allyson Rowley*  
October 13, 2015

- See more at: <http://dailynews.mcmaster.ca/article/bequest-from-mac-alumna-supports-hematology-research/#sthash.kjyvQ4Qv.dpuf>



*B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East*

**Note: We have to be there no later than 5 p.m. to count cards.  
Bingo is at 6:45 Friday and Sunday nights**

We would like some more Zontians to work BINGO.

IF YOU CAN HELP OUT,  
PLEASE CONTACT PHYLLIS DEPTUCK [905-387-1485](tel:905-387-1485)  
SPARE—Sharon Haas

**Friday, December 4th, 2015**

Sharon Haas  
Julie Kostal  
Sandra Cronk  
Karen Dawson  
Judy Lindsay  
Anita Isaac

**Sunday, December 13th, 2015**

Jelaine Foster  
Karin Eckart  
Marlene Balsdon  
Wayne Balsdon  
Phyllis Deptuck

**Friday, January 1st, 2016**

Nancy Zilvytis  
Jelaine Foster  
Sandra Cronk  
Karen Dawson  
Phyllis Deptuck

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**Sunday, January 3rd, 2016**

Jelaine Foster  
Karin Eckart  
Marlene Balsdon  
Wayne Balsdon  
Phyllis Deptuck

**Friday, January 29th, 2016**

Nancy Zilvytis  
Sandra Cronk  
Karen Dawson  
Judy Lindsay  
Anita Isaac  
Sylvia von Ellm

**Sunday, February 7th, 2016**

Joan Heels  
Marlene Balsdon  
Wayne Balsdon  
Phyllis Deptuck

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**Friday, February 26th, 2016**

Nancy Zilvytis  
Judy Lindsay  
Sandra Cronk  
Karen Dawson  
Irene Polidori  
Sylvia von Ellm

**Sunday, February 28th, 2016**

Jelaine Foster  
Karin Eckart  
Irene Polidori  
Phyllis Deptuck

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**This monthly mailing includes the following attachments:**

- **October Dinner Meeting Minutes**
- **September 2015 Conference Report**
- **2015-2016 Administrative Budget**
- **May 2015 Financial Statements**

**Zonta International:**

[www.zonta.org](http://www.zonta.org)

**District 4 Website:**

[www.zontadistrict4.org](http://www.zontadistrict4.org)

**Zonta Club of Hamilton 1:**

[www.zontahamilton1.ca](http://www.zontahamilton1.ca)

**For information, please email:**

[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)

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