



# Zonta Club of Hamilton I

## Member of Zonta International

*Advancing the Status of Women Worldwide*

### TEL—O—ZONTA

PRESIDENT: NANCY GOODHEW  
EDITOR: KARIN ECKART

NOVEMBER 2011

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### INSIDE THIS ISSUE:

#### *November 22nd Dinner Meeting*

**Dinner is at 6:00 p.m. sharp at the Liuna Station.**  
The cost of the dinner is \$30. Cash bar in advance.

**If you are unable to attend, or if you are bringing a guest,  
please advise**

**Dorothy Rilett at 905-628-5985 or [drilett@cogeco.ca](mailto:drilett@cogeco.ca) by  
Thursday, November 17th, 2011.**

You will be billed for your dinner if you have not contacted  
Dorothy by that date.

#### ***November Program:***

- Paula Nurse, Classification Talk
- Guest Speaker — Sheree Meredith, VP,  
Philanthropic Services, Hamilton Community Foundation

"Poverty in Hamilton "

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## Communications Corner

Our club reaches out to the public in many ways but perhaps most prominently with our website at [www.zontahamilton1.ca](http://www.zontahamilton1.ca). It contains information that we hope is useful to the public, our prospective sponsors and members in addition to our existing membership. Please click all around it when you have a chance, and if you have any suggestions, please feel free to pass them along. We haven't used our calendar very well yet but all committees are invited to list meetings and events. Just let

me know and I will provide instructions. We also have a Facebook page. Many thanks to Diane Stogiannes for keeping it updated. It even contains over 30 pictures from last month's Person's Day breakfast. If you have a Facebook account, please "like" us and make "comments". This shares Zonta's activities with anyone you have given permission to see your pictures and activities. We are all Public Relations ambassadors for Zonta!

Sandra Cronk

### UPCOMING DINNER

### MEETINGS:

NOVEMBER 22ND

DECEMBER 13TH

JANUARY 24TH

### OTHER DATES TO NOTE:

INTERNATIONAL DAY FOR  
THE ELIMINATION OF  
DISCRIMINATION AGAINST  
WOMEN

NOVEMBER 25TH

16 DAYS OF ACTIVISM

NOVEMBER 25TH-

DECEMBER 10TH

## HAPPY BIRTHDAY TO YOU...!

Nov 14-Karen Dawson; Nov 27-Phyllis Deptuck;  
Nov 30-Joan Vineberg

## LEGISLATIVE AWARENESS & ADVOCACY – 111

Currently there are some interesting things happening in our democracy. Likewise with our neighbors to the south. The "Occupy Wall Street" movement is alive and well and spreading across the U.S. and into Canada. This movement is fueled by the fact that 'over the last 30 years, the top 10% of income earners have taken all the gains while the entire bottom 90 percent has undergone a net loss' in the U.S. The percentage of single mothers living in poverty is in the U.S. is 49% while here in Canada it is 48%. Recently we had a provincial election here in Ontario. Less than 50% of the eligible voters cast a ballot. According to Chantal Hébert the 'profile of the voter who goes missing at election time corresponds to the demographics of the Occupy movement here in Canada. Younger Canadians dominate both groups.' The outcome of recent elections might have been different had this group cast ballots diligently as their elders did.

Connie Deckert

LAA Chair (Canada)

Zonta Club of Kitchener-Waterloo, [cedeckert@bellnet.ca](mailto:cedeckert@bellnet.ca)



## *November 2011 President's Report*



Thank you to Anita and Vickie who helped out with the organization of the 2011 Person's Day breakfast. The play Purple Springs was enjoyed by all who attended and taught us some history of the women of our country. Anita also deserves thanks for organizing our table and raffle basket for the Life After Breast Cancer Conference.

We are becoming known in the community for the service we do and sometimes receive invitations to hear speakers or attend donor recognition events. Vickie and Anne attended a donor recognition event for Hamilton Health Sciences while Ellen and I attended one for St. Joseph's Hospital. I am also attending a gala put on by Interval House to recognize our donation to Jared's Place.

There were several comments on how nice it was to have the fellowship of the two Hamilton Zonta clubs at the October meeting. Thank you to the Awards committee for their planning for this meeting. It is great that we are getting to know each other by doing things together.

The first week of selling our \$20 tickets on the house went well. We sold 17 books of 25 tickets each at the mall. These tickets make great Christmas gifts and will be available at the November meeting!

December is coming soon. Gertrud will be asking for volunteers to help put together hygiene kits and would like us to bring toiletry items to the November meeting. There will be no Tel-O-Zonta in December.

Every year, some of our members make a donation to the club Service Fund in lieu of sending Christmas cards. Please consider this for yourself this year. Also, since there is no Tel-O-Zonta in December, I would like to take this opportunity to wish all of

you and your loved ones the very best for Christmas and the New Year.

The 16 Days of Activism against Gender Violence Campaign is an international campaign begun in 1991. The 2011 theme slogan will be From Peace in the Home to Peace in the World: Let's Challenge Militarism and End Violence Against Women! The 16 days go from November 25, International Day Against Violence Against Women to December 10, International Human Rights Day. You can find out about many projects and stay connected on the internet; search for "The Official 16 Days of Activism Against Gender Violence Campaign".

Yours in Zonta,  
Nancy Goodhew



## *Christmas Greetings*

Zonta members often donate to our club instead of sending Christmas cards. Please consider a donation this holiday season. Donations can be made to Zonta Hamilton 1 Service Trust to support local projects (you will receive a charitable receipt) or to Zonta International to support ZI projects. Please mark your cheque with your choice of donation, or place cash in an envelope with your name and choice of donation. Donations may be made at November or December meetings.



## *Fundraising*

### *Entertainment Books*

We have a few Entertainment books for sale for \$30. It only takes a few times of using it to pay for itself, and you may discover some new restaurants, activities, stores or events you may not have otherwise tried. If you would like to take one home to read, or purchase, just email or call Sandra at [905-524-0188](tel:905-524-0188). The club makes \$6 for every book sold. We will have them only until mid-December.

### *Fudge*

Phyllis is taking orders for Christmas fudge. Cream and Chocolate \$14.00/can. Contact her by email: [phyllis.deptuck@sympatico.ca](mailto:phyllis.deptuck@sympatico.ca)

### *Ultimate Home Lottery*

Thank you again to everyone who has volunteered her time for this fundraiser. We have had a great turnout from the club and the Fundraising Committee really appreciates your efforts. Please check your email for the schedule for our next week of sales. We should be hearing shortly the weeks we will get for December and early January.

Please consider selling tickets for the Ultimate Home Lottery to everyone you know. Get the name, address and phone number of friends, family or co-workers and \$20/ticket. Dianne Moore will have tickets at the November and December meetings. If you would like Dianne or a member of the fundraising committee to attend a workplace or social gathering with the tickets, they will try to make it happen. They are willing to take the tickets wherever they are can be sold! Dianne's email [mooredianne8@gmail.com](mailto:mooredianne8@gmail.com).

## *Membership Update*

Currently we have 53 members. A new member will be joining in November, Jelaine Foster. She is a recent University graduate, who will add a new dynamic to our club and hopefully introduce younger members to our club. Jelaine will bring our club to a total of 54 members and two Friends of Zonta. We are thankful for referrals of prospective members, website inquiries and networking referrals. Since 2009/10 we have gained 11 members but have also lost 11 members. As our club matures we need to continue to think to the future to ensure we always keep our recruitment front of mind as the health and availability of some of our longer-term members changes. We have been successful in both member recruitment and retention because of our enthusiasm and effective communication. Our website has been effective because it is easy to use and monitored regularly. This helped us to gain 3 members last year. We work hard to increase our community profile by participating in service events, partnering with like-minded organizations, and utilizing social media, television and newspaper publicity. We have also found that the pride and enthusiasm of

our existing members in the Zonta Club of Hamilton 1 have led them to refer friends and associates to our club. Furthermore, we keep membership a constant priority by making it a part of every meeting and transparently discussing our successes, strategies and challenges with our current members.

We have also been able to successfully retain new members through clear and open communication. Our membership chair meets with every prospective member before joining to discuss the benefits of joining as well as financial and time commitments. We also encourage prospective members to attend at least one dinner meeting to let them experience what being a part of our club is like. Once a new member has joined, we match her with a mentor and work to place the new member on a committee that she will find engaging and rewarding. We also encourage a sense of community amongst all club members through consistent efforts to remain in communication and resolve any questions or concerns. Right now we have about 6 people we are following up regarding potential membership.





## *New Member Profiles*

### Marie Sharp

Marie Sharp joined our club this year. She found our club through our website when reviewing various women's articles regarding the fight against the abuse of women. Marie is retired from Grand & Toy, where she was an account manager for many years travelling through Ontario to meet with various business clients. She is now spending some of her time working in retail for Pier 1. She enjoys helping customers decorate their homes and on her first day met Anita Isaac out shopping for her home.

Marie is married and has a lovely daughter who recently helped us out with birthing kits. Quite a few years after the birth of her daughter, Marie was surprised to learn she was going to become the mother of twin boys. The boys are now entering their college years and her daughter has become a mother herself! Marie is willing to help with committees as she can but has a passion for our LAA committee. We welcome Marie to our club!



### Jelaine Foster

As a recent graduate from McMaster University with an Honours BA in Political Science, my academic career has revolved around studies in Canadian Politics, Canadian Foreign Policy, and International Relations. I have also been able to learn more about the governing process outside of the classroom; by participating in programmes such as Forum for Young Canadians in Ottawa, and Presidential Classroom in Washington D.C. By helping to build a school in the Andes Mountains in Ecuador, I was able to partake in the experiential education programme, as this was applicable to my studies in Global Politics.

I enjoy playing sports like flag football, soccer, softball and am your typical type-A personality. I am a self-confessed over achiever who is selfless and will ensure my friends and family are well taken care of and happy before I can be happy. I am an avid volunteer in my community and when I am not working, volunteering, playing sports, or reading, I love to travel. I have been to Italy, France, the UK, Ecuador, and various places in the USA.

Currently, I am working as a campus manager for Kaplan Test Prep and manage 7 campuses in Southwestern Ontario that stretch from St. Catharines to Windsor. I plan to pursue an MBA or MA degree after gaining more work experience. Whether

this will be local or abroad is yet to be determined. I would love to work for the federal government in an intelligence position with CSIS, and plan on learning languages in the future to help with travel and a position with the federal government.

To date, I have had great experiences with Zonta from my initial interaction with them as a recipient of the Young Women in Public Affairs Award to helping out at Bingo and attending meetings. I appreciate the work they do in the community as well as what Zonta stands for. I decided to become a member because of the fellowship, services they provide the community with, and also the network of women I can aspire to be like.

I hope to learn a lot from these women about life, their vocational experiences and be able to contribute a different generational view and perspective to the group. I am looking forward to being able to open up the membership to young adults so that Zonta can continue to thrive.





# Zonta Club of Hamilton I

## Member of Zonta International

*Advancing the Status of Women Worldwide*

*B-I-N-G-O Schedule—Princess Bingo 300 Fennel Avenue East*

**Note: We have to be there no later than 5 p.m. to count cards.**  
*Bingo is at 6:45 Friday and Sunday nights*

**We would like some more Zontians to work BINGO.**  
**PLEASE CONTACT PHYLLIS DEPTUCK IF YOU CAN HELP OUT [905-387-1485](tel:905-387-1485)**

**SPARE Sharon Haas**



For information, please email:  
[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)

Zonta Club of Hamilton 1:  
[www.zontahamilton1.ca](http://www.zontahamilton1.ca)

District 4 website:  
[www.zontadistrict4.org](http://www.zontadistrict4.org)

Zonta International:  
[www.zonta.org](http://www.zonta.org)

**FRIDAY DEC 9/11**  
**ANITA ISAAC**  
**KARIN ECKART**  
**NANCY GOODHEW**  
**SYLVIA VON ELLM**  
**MARG BLACK**  
**SANDRA CRONK**

**SUNDAY DEC 18/11**  
**MARLENE BALSDON**  
**WAYNE BALSDON**  
**PHYLLIS DEPTUCK**  
**ALINA ZILVYTIS**  
**KIM ALVARADO**

**FRIDAY JAN 6, 2012**  
**KARIN ECKART**  
**NANCY GOODHEW**  
**SYLVIA VON ELLM**  
**MARG BLACK**  
**IRENE POLIDORI**

**SUNDAY, JAN 8, 2012**  
**MARLENE BALSDON**  
**WAYNE BALSDON**  
**KARIN ECKART**  
**DIANE STOGIANNES**  
**JUDY LINDSAY**

**FRIDAY FEB 3/12**  
**NANCY GOODHEW**  
**JUDY LINDSAY**  
**IRENE POLIDORI**  
**SANDRA CRONK**  
**PHYLLIS DEPTUCK**

**SUNDAY FEB 12/12**  
**JOAN HEELS**  
**MARLENE BALSDON**  
**WAYNE BALSDON**  
**DIANE STOGIANNES**  
**ALINA ZILVYTIS**

### **TORINO Convention Update**

Please check the website <http://torino2012.zonta.org/>. Convention and registration information is now available. There are savings for early registration by April 1, 2012.

Zonta International will be recognizing clubs for membership growth and donations to ZI Foundation. Clubs who have 100% of members donating to ZI will receive special recognition. If you have donated on your own to ZI either directly or at the spring workshops or Buffalo conference, please let Debbie Field know, so that we can keep track of all our club members who have made donations to ZI.

**Please watch for Member Donation Challenges in the New Year!!**



## *Fellowship Event Options*

**Chocolate Making Workshop** with company called Chocolate Tales – a hands-on 90 minute workshop – making Belgian specialty Bonbons, Truffles and Mold Chocolates, truffles and chocolate Fondant as well as dipping Giant Marshmallows in molten chocolate. Can do this through open workshops at various locations in Hamilton – cost around \$80 but group may be less if we negotiate a special deal [Info@ChocolateTales.ca](mailto:Info@ChocolateTales.ca)

**Westfield Heritage Village** <http://www.conservationhamilton.ca/group-bus-tours/westfield/group-and-bus-tours> Christina Jaeger ([westfield@speedway.ca](mailto:westfield@speedway.ca)) . Could have 1 ½ hour tour on Tuesdays in April/May 2012 for \$8/person plus lunch for group consisting of choice of two soups, plus sandwiches, plus cookies/squares buffet style for \$10-12/person and would need 20 people minimum. Saturday not possible (many weddings). Sundays would also be possible for a lunch at \$7.50/person in the hall which would also be open to the general public and then the group could tour around with the general public during the open admission hours of 12:30 to 4 when the houses are hosted by usual guides – no personal tour option on Sundays.

**Niagara Wine Tour** – hosted by Royal Botanical Garden's Nancy Lee-Colibaba [www.rbg.ca](http://www.rbg.ca) ([nlee@rbg.ca](mailto:nlee@rbg.ca)) Two years ago this tour cost around \$90 for bus trip and three winery tours, pre-trip cocktails/nibbles and dinner at RBG following tour with wine. Would need to confirm updated costs.

**Tour and lunch/dinner at Canadian Warplane Heritage Museum** - tour of history from the exhibit gallery to the display area. Aircraft from the Second World War through to the Jet Age are on display. Combined with a catered lunch so there would be no admission fee to the exhibits where we could have a self-guided tour. Lunches could vary from cold service of cold cuts, salads, sweets \$23 - \$26 to a hot lunch of wraps or lasagna, salads etc \$25 - \$28/person. If you wanted a guided tour this would cost \$8/person. They would need 25-30 people minimum for lunch. Only Sundays in the spring are now available May 13, 20, June 3, 24. Saturdays are all booked for weddings (i.e. Amelia Earhart's 75th Anniversary of her death is upcoming (died July 2, 1937) [http://www.warplane.com/pages/services\\_group\\_tours.html](http://www.warplane.com/pages/services_group_tours.html) or [admission@warplane.com](mailto:admission@warplane.com)

**Grand River Cruise** – runs May to early October – has Saturdays (11:30 – 3 pm) possible \$47/person (1-34 people) or \$42 (over 35). Includes 3 hour cruise, A/V about Grand River, live Music Show on land with talented fiddlers/dancing. Lunch on the cruise is 3 course roast beef (chicken or pasta can be substituted) ([www.grandrivercruises.ca/page3.html](http://www.grandrivercruises.ca/page3.html)) There is also a Sunday lunch cruise which is shorter cruise (2 ½ hour) and no entertainment on land at \$40.00 per person.

### **Shortcuts to a Gourmet Menu “sure to thrill friends, family and you, the host”**

**Theme:** A gourmet dinner featuring seasonal, local foods prepared from scratch and easier than you ever thought possible! Versatile kitchen appliances found in most households but often underutilized will be centre stage. Recipes will be simple but amazing. We ‘eat first with our eyes’ so presentation/serving suggestions will add final gourmet flair. An experienced culinary team will coach you through preparation shortcuts, nutrition and culinary tips and wine pairing suggestions. The format will be very hands on with participants working in small groups, each group preparing a part of the menu and supported by the culinary team. Everyone attending will feel fully confident in preparing and serving this menu to the delight of friends and family.

**Menu:** 5 courses including Warm Welcoming Beverage and Appetizers, Soup, Main with Sides, Salad, Dessert

**Date/Location:** A weeknight in January at a well-equipped kitchen in Ancaster

**All inclusive registration fee:** \$50-60/person (max of 20 people) covering instruction, recipe booklet, all ingredients and a group dinner to celebrate the evening's accomplishments.

Please consider which option you would most like the Fellowship Committee to follow up.

## *Inter-City Event*

The Zonta Club of Brampton-Caledon is hosting their Women of Achievement Awards dinner on Thursday, November 17, 2011 at 6 p.m. This dinner is in recognition of women from the Brampton-Caledon area who are motivators and leaders in their homes, businesses, schools and communities. Tickets are \$90.00 per person. Tickets must be purchased in advance. Contact Lynda Noll 905-838-0823 or Shirley Hall 416-254-8602  
The location is the Pearson Convention Center at 2638 Steeles Avenue East in Brampton.