



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

THROUGH SERVICE & ADVOCACY



TEL-O-ZONTA

APRIL 2015

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

MARGARET BLACK, PRESIDENT

KARIN ECKART, EDITOR

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TUESDAY, APRIL 28TH DINNER MEETING REMINDERS

**DINNER IS AT 6:00 P.M. SHARP IN THE
CONTINENTAL EXPRESS BALLROOM AT
LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND, OR IF YOU ARE BRINGING
A GUEST, PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR
enewman6@bell.net
BY THURSDAY, APRIL 23RD, 2015.**

**YOU WILL BE BILLED FOR YOUR DINNER IF YOU HAVE NOT
CONTACTED LIZ BY THAT DATE.**

April Programme

**Zonta District 4 Initiatives Update
Governor Joanne Raymond**

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Dates to Remember

UPCOMING MEETINGS:

APRIL DINNER MEETING
TUESDAY, APRIL 28TH, 2015

MAY DINNER MEETING
TUESDAY, MAY 26TH, 2015

JUNE DINNER MEETING
TUESDAY, JUNE 23RD, 2015

OTHER DATES TO NOTE:

AREA 2 SPRING WORKSHOPS
SATURDAY, APRIL 25TH, 2015

ZONTA CLASSIC
WEDNESDAY, JUNE 10TH, 2015

HAPPY BIRTHDAY TO YOU!

April 9— Hilda Dubé;

April 15 — Jelaine Foster; April 19 — Marg Black

Membership Dues

Annual membership dues are \$175.00 plus a \$30.00 surcharge for a total of \$205.00 for the 2015/16 year. It is anticipated that the \$30 surcharge will be a one-time charge and is as a result of the eroding value of the Canadian dollar. The surcharge is required due to the fact that \$118 US of our membership fees has to be paid in US dollars. Dues must be submitted no later than the April Dinner meeting. Cheques or post-dated cheques (dated up to May 31) or email transfers to zontahamilton1@gmail.com will be accepted.

If you require an invoice, please email Sylvia von Ellm your request svonellm@bell.net.

*Thank you,
Sylvia*



April 2015 President's Report



In District 4 Governor Joanne Raymond's March newsletter, she was discussing the events that took place at the 59th Session of the Commission on the Status of Women (9-20 March 2015) in New York City. She quotes a speech by Ban Ki Moon, "It is a vital year to advance the status of women; if women thrive we all thrive!" Joanne goes on to say that this message was repeated in all the speeches. Furthermore, she stressed that the progress of women and girls and gender equality is the best remedy for the radicalization of others. Joanne, who is a member of the Kitchener Waterloo club, will be joining us at our upcoming meeting and I look forward to hearing more of her activities and plans for the future of Zonta.

We continue to be busy this spring, especially as we gear up for our major fundraiser, the Golf Classic on June 10th. Karen Dawson, chair, and the rest of her committee are doing a great job but we all need to support them to create a successful day. I am counting on us all to do our part.

Thanks so much to the organizers and members for our inaugural Lunafest on April 10th (Karen Dawson, Sandra Cronk and others too numerous to mention) who turned out to attend, bring their friends, sell 50-50 tickets, talk about Zonta, and greet our guests. We had a modest crowd for our first festival but all said how much they enjoyed the evening, the Zoetic Theatre, the films and the fellowship and vowed to tell their friends to come next year.

Our Meet and Greet drop-in on April 14th at Williams Café for prospective members was great fun and attracted interesting women and lots of stimulating conversation. Thanks to Anne Farrington and Jelaine Foster for organizing this afternoon.

I wanted to mention that one of our sister Zontians, Alina Zilvytis, has been dealing with illness and has just returned home from hospital while Anita Isaac is *nursing* some sore ribs. If there are others who need a phone call or card, please let us know. Thanks to Anita, Karen and others for keeping in touch with Lillian Orban as she supports her sister Helen.

Lastly, we will soon be producing our Annual Report so I urge those committee chairs to help me in its preparation!

Yours in Zonta,
Margaret

Empowering Women Through Service and Advocacy

Zonta 2015 Golf Tournament Update

The Golf Committee would like to ask for your ongoing help and remind you to bring the following items to our April and May Dinner meetings:

1. Completed Golf and/or Dinner Registration
2. Sponsorships
3. Silent Auction items (*with completed donor sheet*)*
4. Goodie Bag items*
5. Wine for the wheelbarrow

(*Deadline for items is our May 2015 dinner meeting)

Here are some ideas for silent auction:

Why not try donating for the silent auction via WagJag, Groupon, etc.

Do you have points at AirMiles, Sears or HBC? Think about cashing them in for gift certificates to donate.

Also, we are happy to announce that we have made arrangements for the limo service to take guests (maximum 10) to Twenty Valley for the dinner portion of our day. If you are interested in using this service, please contact Lori Mizzi or Karen Dawson. If you have any questions, please feel free to contact Karen Dawson karenmdawson@gmail.com or [905-547-2456](tel:905-547-2456) or any other member of the golf committee.



From the Archives

The following new names have been proposed for membership in the Zonta Club of Hamilton 1 by your Board of Directors and hereby presented for your approval.

Dated January 13, 1989 from M Louise Duthie, Membership and Classification

Mrs Sandra Cronk 064 Insurance Services
 06411 Agency General Insurance Broker

President
Robinson, Cronk and Hill
Insurance Brokers Ltd
Proposed by: Phyllis Mosher

Ms. Kendra Coats 068 Legal Profession
 06813 Civil (Provincial Family Law)

Ross and McBride Lawyers
Proposed by: Elizabeth Newman

According to By-laws, valid objections in writing to qualifications of the proposed member must be submitted to the membership Committee within 10 days. Unless two such objections have been filed within such period, the candidate shall be considered eligible for invitation to membership.

Sponsor's Responsibilities:

As a sponsor of this proposed member it would be appreciated if you would contact her after receipt of this letter and invite her to attend a club dinner, preferably the next one if possible.

1. If she agrees, would you arrange to meet her and accompany her to the dinner.
2. Advise (dinner phone member) that this prospective member will be attending as a guest of the club.
3. The cost of the guest's dinner will be borne by the club **not the sponsor.**
4. Introduce the prospective member to the Chairman of the Membership Classification Committee and the Present.
5. If possible, submit a brief note to the Membership Chairman or President, with the guest's name and sponsor's name so that the President may welcome the guest at dinner.
6. Please arrange to accompany the guest throughout the dinner. If this is not possible, have another member designated to do this.
7. If the prospective member indicates a desire to join the Club, advise the Membership Chairman immediately, so that the necessary paper may be completed. The Membership Chairman will introduce her as a new member after the necessary forms are complete and her dues and initiation fee have been paid.

A personal contact with the new member by yourself for the next 2 or 3 meetings, until she becomes more familiar with the Club, would be a helpful gesture.

Following your initial contact with this prospective member, please inform the Membership-Classification Chairman of the results as soon as possible.

Discovered and submitted by Kathy Kingsmill

B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo is at 6:45 Friday and Sunday nights**

We would like some more Zontians to work BINGO.

**IF YOU CAN HELP OUT,
PLEASE CONTACT PHYLLIS DEPTUCK [905-387-1485](tel:905-387-1485)
SPARES—Sharon Haas Ingrid Popaleni Alina Zilvytis**

Friday, April 24th, 2015

Anita Isaac
Karen Dawson
Sylvia Von Ellm
Irene Polidori
Diane Stogiannes
Judy Lindsay

Sunday, May 24th, 2015

Joan Heels
Kim Alvarado
Marlene Balsdon
Wayne Balsdon
Jelaine Foster
Phyllis Deptuck

Friday, July 17th, 2015

Jelaine Foster
Anita Isaac
Sylvia von Ellm
Nancy Zilvytis
Phyllis Deptuck
_____ **Need 1**

Sunday, May 3rd, 2015

Joan Heels
Sandra Cronk
Marlene Balsdon
Wayne Balsdon
Nancy Zilvytis
_____ **Need 1**

Friday, June 19th, 2015

Anita Isaac
Sandra Cronk
Karen Dawson
Sylvia von Ellm
Irene Polidori
Nancy Zilvytis

Sunday, July 19th, 2015

Jelaine Foster
Karin Eckart
Sylvia von Ellm
Nancy Zilvytis
Diane Stogiannes
_____ **Need 1**

Friday, May 22nd, 2015

Jelaine Foster
Sandra Cronk
Karen Dawson
Sylvia von Ellm
Irene Polidori

Sunday, June 28th, 2015

Sandra Cronk
Nancy Zilvytis
Marlene Balsdon
Wayne Balsdon
Joan Heels
_____ **Need 1**

Advocacy

From March 9th to the 20th, the 59th Annual Commission on the Status of Women session was held in New York City. The attendance was the largest ever with over 1100 non-governmental groups taking part. There were over 600 events in various locations. According to UN officials it was 'the largest feminist gathering at the UN'. Attendance was almost double the usual number. It was the anniversary of Beijing + 20.

We had 3 attendees from D4. Lee Fogarty, Advocacy Co-Chair, Doreen Myers, UN Committee and myself. Doreen and I were rookies as we had never attended a CSW before. It was a busy week to say the least. Doreen and I had UN passes so we attended panel discussions and workshops in the UN building. It was a real challenge to pick which events at the UN or off-site that you wanted to attend—there were so many interesting things going on! When you walked into a session you usually had no idea who would be presenting—high ranking government officials or celebrities concerned with women's equality. The UN Women's slogan is now 50/50 by 2030—the 50/50 referring to gender parity.

For the first time Zonta International was involved with presentations inside the UN building. Our President Maria Jose Landeira Oestergaard handled one and our President-Elect Sonia Honig Schough took part in another. Please go to the Zonta website www.zonta.org for pictures and more information. Being at CSW was much like being at a Zonta International Convention as there were people from around the world! Please attend CSW if you get the chance—it's like having a front row seat watching history or should I say herstory being made!

Connie Deckert, D4 Advocacy Co-Chair
Zonta Club of Kitchener-Waterloo connie@conniedeckert.com

McMaster Golden Z Club

Our Golden Z club partnered with other clubs at McMaster with winter activities. They shared a table with McMaster Muslims for Peace and Justice and raised awareness about cultural appropriation in the form of a "Soul Food Fair", offering henna and nail polish for those who visited the table. They also partnered with the Daughters of Abraham to make sandwiches for the Olive Branch, an outreach ministry for the homeless and poor in downtown Hamilton. In addition, they were involved in the "Bold Run", a fun event that celebrated body diversity and self-acceptance. Proceeds went to Danielle's Place, an eating disorder support and resource centre in Burlington that offers free services to people in the community. In collaboration with McMaster Muslims for Peace and Justice, a women's networking event was held. It celebrated Muslim women leaders who use their professions as a platform for advocacy and activism for the betterment of Muslim and marginalized communities. The purpose of this event was to provide McMaster students

with opportunities to connect and engage with Muslim women professionals from a variety of creative and unconventional careers over dinner.

This club is a very small but dynamic group of young women. They have had an active presence on Facebook so please "like" them and see what they post. They have had some serious challenges with membership and reporting to us which will continue to be addressed next year. Joan Hutcheson from Hamilton 2, Jelaine Foster and I have attended their weekly executive meetings when possible.

Nancy Zilvytis

Find us on
facebook

Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca



Invitation from the St. Joe's Mental Health & Addiction Program


a mental *health* morning
A breakfast to support
the Mental Health & Addiction Program
at St. Joseph's Healthcare Hamilton

Join us:

Wednesday, May 6, 2015

FEATURING A KEYNOTE ADDRESS BY
SILKEN LAUMANN



Even strong and accomplished athletes are not immune to mental illness. Join us as four-time Olympian Silken Laumann shares her "Unsinkable" story with us at our annual breakfast event.

Michelangelo Banquet Centre | 1555 Upper Ottawa Street, Hamilton
7:30 a.m. - 9:30 a.m.

RSVP:

Tickets are \$50 per person or \$500 for a corporate table.
To register, please visit www.stjoesfoundation.ca/mentalhealthmorning
For inquiries, please call Angeline at 905.522.1155 ext. 35981

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