



ZONTA

CLUB OF
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

THROUGH SERVICE & ADVOCACY



TEL—O—ZONTA
SEPTEMBER 2017

MAILING ADDRESS:

PO Box 89034
WESTDALE SHOPPERS DRUG MART
HAMILTON, ON L8S 4R5

RENATE DAVIDSON, PRESIDENT

KARIN ECKART, EDITOR

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TUESDAY, SEPTEMBER 26TH, DINNER MEETING REMINDERS

**DINNER IS AT 6:00 P.M. SHARP IN THE
CONTINENTAL EXPRESS
AT LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND,
OR IF YOU ARE BRINGING A GUEST,
PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR
enewman6@bell.net**

**LIZ SHOULD ALSO KNOW WHO IS PAYING FOR A
GUEST'S DINNER**

**YOU WILL BE BILLED \$35 FOR YOUR DINNER
IF YOU HAVE NOT CONTACTED LIZ BY
THURSDAY, SEPTEMBER 21ST, 2017.**

“Truth and Reconciliation”
Barbara Carpio, Nurse Educator

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Dates to Remember

UPCOMING MEETINGS:

OCTOBER DINNER MEETING
TUESDAY, OCTOBER 24, 2017

NOVEMBER DINNER MEETING
TUESDAY, NOVEMBER 24TH, 2017

DECEMBER DINNER MEETING
TUESDAY, DECEMBER 12TH, 2017

OTHER DATES TO NOTE:

ZONTA DISTRICT 4 CONFERENCE
NIAGARA FALLS, ON
SEPTEMBER 21-24, 2017

ZONTA CLUB OF NIAGARA FALLS, ON
50TH ANNIVERSARY CELEBRATION
OCTOBER 18TH, 2017

16 DAYS OF ACTIVISM
NOVEMBER 25TH-DECEMBER 10TH, 2017

HAPPY BIRTHDAY!

September 5th—Debbie Field; September 9th—Irene Polidori
September 22nd—Sandra Cronk
September 27th—Diane Stogiannes
September 28th—Judy Ambrose

September Dinner Meeting

Zonta is pleased to have Barbara Carpio come to speak to us about Truth and Reconciliation.

Barbara shares this about herself:

"I am the daughter of an Indian Agent, and grew up in indigenous communities in the NWT and Alberta. During and following a career as a public health nurse, and then nurse educator, in Alberta, Peru, Saskatchewan and Ontario, I have been committed to intercultural understanding.
In March 2015 I was invited to attend the march on Parliament and presentation of the final report of the Truth and Reconciliation Commission in Ottawa as a representative of the Hamilton Presbytery of the United Church of Canada. My "witness" in the process of reconciliation is to make presentations to settler peoples in the hopes of fostering meaningful and lasting relationships between settler peoples and first peoples as we embark on the "second Canada 150".



September 2017 President's Report



A warm September welcome, Zonta Sisters!

Our summer has been a busy one beginning with a visit to historic Whitehern in June to celebrate Canada's 150th anniversary. We enjoyed an authentic Syrian meal prepared by the refugee women at Karam Kitchens, a social enterprise that "seeks to empower Syrian newcomers to build a new life in Hamilton". Sheila Creighton organized the event and kindly brought freshly-picked strawberries and some bubbly to celebrate our country's milestone anniversary.

Bingo fund-raising efforts continued throughout the summer and our committees began their planning work for fiscal 2017-18. We are also working on a club self-audit in preparation for the development of our next long-range plan.

Kathy Kingsmill-Marsales' cottage was the venue for our summer potluck. Zontians and friends enjoyed great food and fellowship in such a beautiful setting. Thanks to Judi Park for organizing this outing and Kathy for hosting us again this year.

Our Birthing Kit Assembly Day was held on Saturday, September 9th, with a record 1,028 kits being put together. We have now assembled over 5,000 birthing kits since partnering in 2011 with the Zonta Club of Hamilton 2 to begin this initiative. A sincere thank you to Margaret Black and her committee for all their work in plan-

ning and preparing for the day. This hands-on service project is a great opportunity for us to involve our friends and supporters and to profile our club to potential members.

The District 4 Conference being held in Niagara Falls is fast approaching with ten members from our club attending this year. We will have an opportunity to network, share information about our Zonta initiatives and learn from others how we can have greater impact in our communities.

Sheila Creighton is putting together our silent auction basket for the Conference with the proceeds being donated to International's Amelia Earhart Fellowship Fund. Thanks to everyone who has donated items for the basket, and especially to Phyllis for the beautiful red and white afghan she crocheted.

You will find attached to this mailing the Committees List for 2017-18. Please review this document and let me know before September 25th if any changes are necessary. We are working on adding the position of vice-chair to some of our committees as a leadership/training opportunity.

I look forward to another year of working together with you to continue our efforts to improve the lives of women and girls.

Yours in Zonta!
Renate

"Volunteers do not necessarily have the time; they have the heart."

Elizabeth Andrew

Note of Thanks

Sandra Cronk and Nancy Zilvytis would like to thank everyone for the beautiful yellow roses we received from the club when our brother passed away from cancer in July. The messages, cards and calls were greatly appreciated.

Nancy and Sandra



Birthing Kit Assembly



We had a very successful Birthing Kit Assembly day on Saturday September 9, 2017, held at Chedoke Presbyterian Church in Hamilton. We assembled 1028 kits in the morning, and then enjoyed a lunch, thanks to Phyllis Deptuck and Jackie Dove, with cash and food donations from a number of our club members. We are so grateful to the Zontians and many friends of Zonta who joined us for the morning, including youth from the YWCA and our chief supply donor, Marita Zaffira, owner of Marchese Health Care who contributed all the gloves and gauze. In October, we will be delivering our kits to World Vision Canada who arranges the shipping to the Democratic Republic of Congo where they will be distributed. The following was found on the World Vision Canada website, telling us about the main goal for their work in the Congo and in particular the impact money and donations from Canada have had on the health of the children and family in this country. <http://www.worldvision.ca/our-work/democratic-republic-of-congo>

“World Vision Democratic Republic of Congo is responding to widespread natural disasters and armed conflict with emergency response efforts, particularly in the eastern part of the country. We provide food aid, nutrition and health care and humanitarian protection—including the reintegration of displaced families and children.”

The following was reported on the work achieved with support from Canada in 2016 – found in their Healthy Children and Family section that relates to birthing kits. “8,862 women were counselled on how to properly care for themselves and their babies during and after pregnancy”.

Marg Black



Congratulations

To Sandra Cronk for winning a Trillium Award in recognition of the work she has done on her house and garden.



Advocacy Events for the Fall

Due to the lack of availability, we cannot reserve a date for the “Zonta Says No to Violence Against Women” banner across Main Street for the 16 Days of Activism 2017. City Hall will not yet review dates for 2018.

Please come out for Take Back the Night 2017

Take Back the Night, an annual event organized by SACHA, is a powerful opportunity for survivors and their supporters to actively build connections, assertively reclaim our right to safety, and courageously stand up against violence. TBTN centers the experiences of women and gender non-conforming folks. We invite men to cheer on the march from Gore Park.

When: Thursday, September 28th, 2017

6:00pm – We Gather

7:00pm – We Rally

7:30pm – We March

Where: Hamilton City Hall – 71 Main Street

So far 2 people are attending the Inasmuch House Gala on October 5th at Liuna Station and the Service Committee has approved a \$50 sponsorship.

Please consider attending this event and let me know if you register. It would be great to have a table.



<https://mission-services.com/50-years-courage-fundraising-dinner/>

At our November dinner meeting will have the Anvil folks accept the District Advocacy Awards. Trish Mongeon is awaiting the Bulldog schedule for their presentation. We hope you will also be a part of these two celebrations.

Sharon Haas

Golden Z Club

I am very proud to announce that the McMaster Golden Z Club of 2016-2017 received the third place Emma Conlon Award from Zonta International. According to Zonta International's description, "the contest recognizes clubs whose projects and programs best express the ideals of Zonta International and the Z and Golden Z Club program through local and international service and advocacy to empower women worldwide." Each entrant must submit three projects. On behalf of the girls, President Renate will accept the award at the District Conference this month. Our co-presidents Monica and Kasthuri will be at our October club meeting to accept the award and a cheque for \$250.

The ladies are presently interviewing for executive positions, as is done with the university clubs. At last week's ClubsFest event, they got the emails of about 70 students who are interested in their club.

Nancy Zilvytis





B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East

**Note: We have to be there no later than 5 p.m. to count cards.
Bingo starts at 6:45 Friday and Sunday nights**

Friday, October 6th, 2017

Irene Polidori
Nancy Zilvytis
Phyllis Deptuck
Anita Isaac
Sandra Cronk
Mike Sinclair
Nancy Hume (Training)

Sunday, October 15th, 2017

Maureen Hayman
Karin Eckart
Joan Heels
Marg Black
Phyllis Deptuck

Friday, November 3rd, 2017

Irene Polidori
Nancy Zilvytis
Phyllis Deptuck
Jackie Dove
Nancy Hume
Mike Sinclair

Sunday, November 5th, 2017

Marlene Balsdon
Wayne Balsdon
Judy Ambrose
Marg Black
Phyllis Deptuck

Friday, December 1st, 2017

Irene Polidori
Trish Mongeon
Jackie Dove
Sandra Cronk
Anita Isaac
Karen Dawson

Sunday, December 10th, 2017

Marlene Balsdon
Wayne Balsdon
Karin Eckart
Nancy Hume
Judy Ambrose
Phyllis Deptuck

Friday, December 29th, 2017

Irene Polidori
Nancy Zilvytis
Phyllis Deptuck
Sandra Cronk
Karen Dawson
Need.....1

Sunday, December 31st, 2017

Irene Polidori
Sandra Cronk
Nancy Zilvytis
Phyllis Deptuck
Need.....1

IF YOU CAN HELP OUT AT BINGO

Please contact **PHYLLIS DEPTUCK** [905-387-1485](tel:905-387-1485)
Spare—Sharon Haas

Zonta International:

www.zonta.org

District 4 Website:

www.zontadistrict4.org

Zonta Club of Hamilton 1:

www.zontahamilton1.ca

For information, please email:

contactus@zontahamilton1.ca



Attached to this mailing please find:

- **June Dinner Minutes**
- **Committees Draft 2017-18**
- **90th Anniversary Poster**
- **Support & Awareness Poster**

Zonta Club of Niagara Falls
50th Anniversary
Celebration

Wednesday, October 18, 2017

Reception 5:30pm ~ Dinner 6:30pm

Legends on the Niagara

9561 Niagara Pkwy, Niagara Falls, ON L2E 6S6

\$75.00

For **TICKET** purchase:

Call **289-241-3422**

or

Visit www.zontaniagarafalls.ca

R.S.V.P October 10., 2017

Cash Bar and Silent Auction



ZONTA
CLUB OF
NIAGARA FALLS,
CANADA

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Proceeds will support YWCA Niagara Region and Zonta International Foundation

It would be our pleasure if you could join us as we celebrate our 50th anniversary on Persons Day 2017.

Hear the words of the Honourable Elizabeth Dowdeswell Lieutenant Governor of Ontario, learn about the Famous Five and their contribution in ensuring women are considered persons in Canada, share our history and celebrate our past.

We will support local charity YWCA Niagara Region as well as make a contribution to Zonta International with proceeds made from the event.

Purchase tickets on-line at www.zontaniagarafalls.ca or call 289-241-3422.



The Honourable Elizabeth Dowdeswell

Date	Event	Details	Contact
Tuesday, September 26	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Tuesday, October 3	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Renate Davidson 905-627-4083 renbob@sympatico.ca
Friday, October 6	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, October 15	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Wednesday, October 18	50th Anniversary Dinner Zonta Club of Niagara Falls Ontario	See Attached Poster for Ticket Info Contact Alina for Ride-Sharing	Alina Zilvytis 905-679-4578 azilvytis@rogers.com
Tuesday, October 24	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Friday, November 3	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Sunday, November 5	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, November 7	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Renate Davidson 905-627-4083 renbob@sympatico.ca
November 25- December 10	16 Days of Activism		
Tuesday, November 28	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net
Friday, December 1	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, December 5	Board Meeting	Fortino's Party Room 1579 Main Street West Hamilton	Renate Davidson 905-627-4083 renbob@sympatico.ca
Sunday, December 10	BINGO	5:00pm Princess Bingo 300 Fennell Avenue East	Phyllis Deptuck 905-387-1485 phyllis.deptuck@sympatico.ca
Tuesday, December 12	Dinner Meeting	Liuna Station 360 James St N, Hamilton, ON L8L 1H5	Liz Newman 905-627-4292 enewman6@bell.net