



# ZONTA

CLUB OF  
HAMILTON I

MEMBER OF ZONTA INTERNATIONAL

**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY



## TEL-O-ZONTA

OCTOBER 2016

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### ***TUESDAY, OCTOBER 25TH, DINNER MEETING REMINDERS***

**DINNER IS AT 6:00 P.M. SHARP IN THE  
CONTINENTAL EXPRESS BALLROOM  
AT LIUNA STATION**

**IF YOU ARE UNABLE TO ATTEND, OR IF YOU ARE BRINGING  
A GUEST, PLEASE ADVISE**

**LIZ NEWMAN AT 905-627-4292 OR  
enewman6@bell.net**

**LIZ SHOULD ALSO KNOW WHO IS PAYING FOR A  
GUEST'S DINNER**

**YOU WILL BE BILLED \$35 FOR YOUR DINNER  
IF YOU HAVE NOT CONTACTED LIZ BY  
THURSDAY, OCTOBER 21ST, 2016.**

#### ***PROGRAM***

***Sandra Chan***

***Foster Parent Trainer, Children's Aid Society of Hamilton***

***Classification Talk***  
***Julie Kostal***

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## Dates to Remember

### UPCOMING MEETINGS:

*NOVEMBER DINNER MEETING*  
TUESDAY, NOVEMBER 22ND, 2016

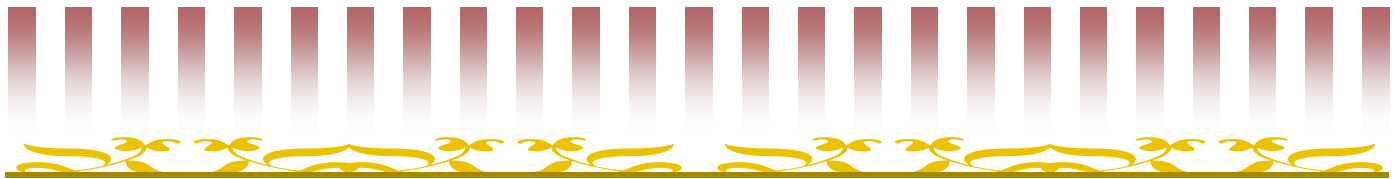
*DECEMBER DINNER MEETING*  
TUESDAY, DECEMBER 13TH, 2016

*JANUARY DINNER MEETING*  
TUESDAY, JANUARY 24TH, 2016

### OTHER DATES TO NOTE:

*UN INTERNATIONAL DAY OF THE GIRL*  
OCTOBER 11TH, 2016

*16 DAYS OF ACTIVISM AGAINST GENDER VIOLENCE*  
NOVEMBER, 25TH - DECEMBER 10TH, 2016



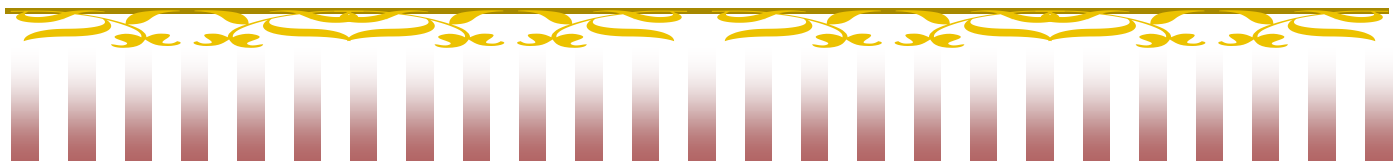
## HAPPY BIRTHDAY!

**October 12 — Lori Mizzi**

**October 17 — Alina Zilvytis**

**October 23 — Nancy Zilvytis**

**October 25 — Joan Heels**



## LEGO Ideas - Help Amelia Earhart take Flight in Imagination

Camille Bilger, Amelia Earhart Fellow, included information at the end of her presentation to the Zonta International Convention in Nice from LEGO Ideas. Camille asked for support in voting for a new figurine idea - our own Amelia Earhart! It is necessary to obtain 10,000 signatures to make Amelia's figurine take flight from concept to store shelves.

Voting requires that you sign in with Lego and create an identity and password.

<https://ideas.lego.com/projects/132282>





## October 2016 President's Report

As we work on service projects and embark on our advocacy initiatives, let us remember Zonta International's vision:



**“Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential.**

**In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.**

**In such a world, no woman lives in fear of violence.”**

Our Birthing Kit Assembly Day on September 24<sup>th</sup> was a great success thanks to the efforts of Zontians, friends of Zonta and the community members who supported this project. We appreciated very much the \$400 donation from Zonta 2 towards the birthing kit budget. Due to the concerted efforts of Margaret, Sandra, and friend of Zonta, Mike Sinclair, owner of Ontario Truck Division, our 1016 kits were delivered to World Vision's Mississauga warehouse in time for them to be included in a shipment of 8,000 kits. These kits were air transported to the Democratic Republic of Congo to arrive on October 10<sup>th</sup>. Our collaboration with World Vision, initiated by Claire Wallace, Area 2 Director now provides us with a viable, secure way to deliver birthing kits to the areas of the world where they are needed the most.

It will take some time to complete the distribution of these kits in the Democratic Republic of Congo, still among the highest risk regions in the world for childbirth. However, Zonta members and friends should take pride in the knowledge that their volunteer efforts will pay off with an immediate impact on the lives of mothers and their babies by providing a clean birthing environment. Kudos to all who helped with this project.

Sharon Haas, Chair of our Advocacy Committee, has challenged each of us to do something, no matter how small, to

give our voice to violence against women. Following Sharon's presentation at the September dinner meeting, 14 Zontians responded immediately by purchasing “Zonta Says No” shirts for themselves and for our McMaster Golden Z Club members.

Zonta's advocacy work will continue with our participation in “Take Back The Night” on October 13<sup>th</sup>. The 16 Days of Activism Against Gender Violence begins on the International Day for Elimination of Violence Against Women, November 25<sup>th</sup> and ends on International Human Rights Day, December 10<sup>th</sup>. We look forward to hearing from Julie Kostal at October's meeting about the advocacy initiatives that are now being finalized.

The 2016 Women's Leadership Summit will take place on Saturday, November 12, 2016. This event is hosted by the YWCA, McMaster University and Mohawk College. These organizations share a commitment of providing young women with the opportunity to attend leadership forums and meet community leaders. We are sponsoring the Future Young Leader again this year.

I want to congratulate the Zonta Club of Hamilton 2 for its legacy donation to the YWCA of Hamilton that has provided the Y with a very-much needed van.

As October is Child Abuse Prevention Month, our Program speaker will be Sandra Chan from the Children's Aid Society. Sandra's presentation will focus on the work of the Society and its efforts to provide necessary services to children and their families in our region.

I want to close with a quotation from Zonta International President, Sonja Honig Schough.

**“It is also important for us to empower one another. When Zonta clubs meet, members should feel supported in their own lives and encouraged to impact their local communities. Together, we empower women worldwide.”**

Yours in Zonta,  
Renate



## *JMK Women in Business Scholarship 2016*



The winner of the Zonta Clubs of Hamilton 1 & 2 JM Klausman Women in Business Award for 2016 is Ivana Lochhead, a student at the Schulich School at York University. Ivana is current in Madrid, Spain for 3 months as part of the Schulich School of Business exchange program. She considers herself an instigator of change, demonstrating strength in identifying and addressing structural and people issues within teams. She uses her personal drive and vision and experience in analytical and leadership roles to solve problems and provide creative solutions.

Her journey to find purpose and meaning in her professional life and her desire to learn and challenge herself led her to pursue her MBA at Schulich. In addition to her studies, she is spearheading a Women in Leadership initiative called #Manbassadors. This movement encourages male students to advocate for gender equality and women's empowerment and provides the Schulich community with a platform to discuss gender issues and dynamics in business, supporting the concepts of empathy, engagement and impact change. The initiative started at Harvard Business School in 2013 and has been adopted by other top-tier US schools such as Wharton and Ross. Schulich will be the first Canadian business school to join the movement.

One of her teachers describes her in this way: "Overall, Ivana exudes passion in everything she does. I have always believed she possesses the drive, hunger, intelligence and influence to be a successful leader in whatever she decides to do. She is a true class act."

Ivana has already received her cheque of \$1000.00 from the Zonta Clubs of Hamilton 1 & 2 and she would be happy to attend a dinner meeting when she returns from Madrid.

## *Mountain Secondary School Top Female Student 2016*

Lillian Orban attended the Mountain Secondary School graduation in June, where Grace Allingham received the Top Female Student Award. Grace was an excellent student who aimed for her personal best. Her hard work and determination resulted in much success. Grace had high marks, strong communication and social skills, and overall, she is a kind, responsible and determined young lady.





## Advocacy Committee



### Advocacy Committee Call to Action

The Advocacy committee ask each and every member to do something to make an impact...big or small. Please do something this Fall especially during the 16 Days of Activism. Our President Renate has asked that we each contact Dianne Stogiannes as to how you contributed and/or share it on our Facebook page. The committee is happy to provide the following suggestions and dates to help you consider how you will advocate. Here are a couple of ideas, there are endless ways to make a difference.

### Important dates and activities

16 Days of Activism Against Gender Violence begins on the International Day for Elimination of Violence Against Women November 25th, and ends on International Human Rights Day December 10th.

**Take Back the Night October 13th-** For those of you who participated: Thank you! Share your pictures on social media. Keep spreading the word.

At our **October meeting** we will be speaking to you about ideas to participate in during the 16 Days of Activism. Please purchase a purple scarf for \$15 to support Inasmuch House 'Wrap yourself in Courage' campaign. We ask that everyone wear their scarf to the **November** dinner meeting which will be on eliminating violence against women.

### Future events to mark on your calendar.

Week without Violence will be organized across Hamilton Dec 6<sup>th</sup>. McMaster will be part of it and we will be supporting the Golden Z Club by providing bookmarks and 6 club members are buying the Golden Z Club members the orange t-shirts with the "Zonta Says No to Violence Against Women" slogan on them.

February - Accelerator event (Women's Leadership) YWCA in partnership with McMaster releasing the latest report: There is a plan for a cocktail party, details to follow.

March 8<sup>th</sup> - International Women's Day

June - Walk a Mile in Her Shoes



## Hygiene Kits

Gertrud Taunton will be assembling Hygiene Kits again. Please continue to collect and bring in toiletries for this project.



## *Birthing Kit Assembly Day*

Thanks to Sandra Cronk for arranging to get our 1,000 kits to Mississauga in time for the shipment to the DR Congo. World Vision also thanked us for our support and the birthing kits were received in Mississauga in time for the shipment of 8,000 kits to the DRC (Democratic Republic of Congo). The kits were picked up by September 29th and the shipment is expected to arrive at the destination on October 10.



## *Frances Colter Memorial Bursary Reception at McMaster*

The McMaster Daily News of June 22, 2016 featured an article about The Frances Colter Memorial Bursary, which will be awarded to grad students enrolled in the School of Rehabilitation Science's Physiotherapy program who demonstrate financial need. The bursary is in memory, and from the estate, of Zonta member Fran Colter, who was a pioneer in the field of physiotherapy at Chedoke Hospital. The full article is available here:

[http://dailynews.mcmaster.ca/article/gift-from-zontas-to-support-physio-program/?utm\\_source=twitterfeed&utm\\_medium=twitter](http://dailynews.mcmaster.ca/article/gift-from-zontas-to-support-physio-program/?utm_source=twitterfeed&utm_medium=twitter)



***B-I-N-G-O Schedule—Princess Bingo, 300 Fennell Avenue East***

**Note: We have to be there no later than 5 p.m. to count cards.  
Bingo is at 6:45 Friday and Sunday nights**

We would like some more Zontians to work BINGO.

IF YOU CAN HELP OUT,

PLEASE CONTACT PHYLLIS DEPTUCK [905-387-1485](tel:905-387-1485)

SPARE—Sharon Haas

**Friday, November 4th, 2016**

Maureen Hayman  
Anita Isaac  
Nancy Zilvytis  
Sandra Cronk  
Karen Dawson  
Judy Lindsay

**Sunday, November 13th, 2016**

Jelaine Foster  
Marlene Balsdon  
Wayne Balsdon  
Phyllis Deptuck  
Joan Heels

**Friday, December 2nd, 2016**

Irene Polidori  
Phyllis Deptuck  
Mike Sinclair  
Nancy Zilvytis  
Karen Dawson  
Sandra Cronk

**Sunday, December 4th, 2016**

Jelaine Foster  
Karin Eckart  
Marlene Balsdon  
Joan Heels  
Phyllis Deptuck

**Friday, December 30th, 2016**

Irene Polidori  
Maureen Hayman  
Sandra Cronk  
Anita Isaac  
Nancy Zilvytis  
Karen Dawson

**Sunday, January 8th, 2017**

Maureen Hayman  
Marlene Balsdon  
Wayne Balsdon  
Karin Eckart  
Phyllis Deptuck

**Friday, January 27th, 2017**

Irene Polidori  
Nancy Zilvytis  
Maureen Hayman  
Karen Dawson  
Anita Isaac  
Sandra Cronk

**Sunday, January 29th, 2017**

Jelaine Foster  
Maureen Hayman  
Marlene Balsdon  
Wayne Balsdon  
Diane Stogiannes



Attached to this newsletter please find:

- September Dinner Minutes
- 2016 Nice Convention Report

Zonta International:

[www.zonta.org](http://www.zonta.org)

Zonta Club of Hamilton 1:

[www.zontahamilton1.ca](http://www.zontahamilton1.ca)

District 4 Website:

[www.zontadistrict4.org](http://www.zontadistrict4.org)

For information, please email:

[contactus@zontahamilton1.ca](mailto:contactus@zontahamilton1.ca)

Find us on  
**facebook**

## Zonta Club of Hamilton 1 – Calendar of Events at a Glance

| Date                     | Event                               | Details  | Contact  |
|--------------------------|-------------------------------------|--|--|
| Friday,<br>October 7     | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Tuesday,<br>October 25   | Dinner Meeting                      | Liuna Station<br>360 James St N, Hamilton, ON<br>L8L 1H5   | Liz Newman<br>905-627-4292<br><a href="mailto:enewman6@bell.net">enewman6@bell.net</a> |
| Friday,<br>November 4    | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Tuesday,<br>November 8   | Board Meeting                       | Dundas Community Centre<br>10 Market Street,<br>Dundas, ON | Renate Davidson<br>(905) 627-4083  |
| Wednesday,<br>November 9 | Deadline<br>Tel-O-Zonta Submissions |  | Karin Eckart<br><a href="mailto:kareck@gmail.com">kareck@gmail.com</a>                 |
| Sunday,<br>November 13   | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Tuesday,<br>November 22  | Dinner Meeting                      | Liuna Station<br>360 James St N, Hamilton, ON<br>L8L 1H5   | Liz Newman<br>905-627-4292<br><a href="mailto:enewman6@bell.net">enewman6@bell.net</a> |
| Friday,<br>December 2    | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Sunday,<br>December 4    | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Tuesday,<br>December 6   | Board Meeting                       | Dundas Community Centre<br>10 Market Street,<br>Dundas, ON | Renate Davidson<br>(905) 627-4083  |
| Tuesday,<br>December 13  | Dinner Meeting                      | Liuna Station<br>360 James St N, Hamilton, ON<br>L8L 1H5   | Liz Newman<br>905-627-4292<br><a href="mailto:enewman6@bell.net">enewman6@bell.net</a> |
| Friday,<br>December 30   | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Sunday,<br>January 8     | BINGO                               | 5:00pm<br>Princess Bingo<br>300 Fennell Avenue East        | Phyllis Deptuck<br>(905) 387-1485  |
| Tuesday,<br>January 3    | Board Meeting                       | Teleconference   | Renate Davidson<br>(905) 627-4083  |
| Tuesday,<br>January 24   | Dinner Meeting                      | Liuna Station<br>360 James St N, Hamilton, ON<br>L8L 1H5   | Liz Newman<br>905-627-4292<br><a href="mailto:enewman6@bell.net">enewman6@bell.net</a> |